



Chef Chipper's Early Learners Lunch Program



Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

This institution is an equal opportunity provider.

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

Approved by Barbara Myers, RD, LD/N

* Please See CACFP Meal Pattern Charts

Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Menu Items Subject To Change Based On Availability</u></p> <p><u>Meal Changes Shall Be Written On The Posted Menu</u></p>	<p><u>1% Milk Is Served At Lunch Everyday</u> Whole Milk Is Available For Students Age 1</p> 		<p>- What's a snowman's favorite snack?</p> <p>-Ice Krispy Treats</p> 	<p><u>Tyson Chicken Nuggets</u></p> <p><u>Tossed Salad</u></p> <p><u>Peaches</u></p> 
5	6	7	8	9
<p><u>Baked Ziti</u> WG Penne Pasta—100% Cheddar Tomato Sauce - Mozzarella - Ricotta <u>Pullman Bread</u> <u>Peas</u> <u>Apple Slices</u></p>	 <p><u>Herb Roasted Chicken</u> <u>Diced Chicken Breast</u> <u>WG Rice</u> <u>Carrots</u> <u>Mixed Fruit</u></p>	<p><u>Beef Stroganoff</u> <u>80/20 Ground Beef - Mushroom Gravy</u> <u>WG Pasta</u> <u>Peas</u> <u>Bananas</u></p>	<p><u>Cheeseburgers</u> <u>WG Roll</u> <u>Potatoes</u> <u>Oranges</u></p>	<p><u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p>
12	13	14	15	16
<p><u>Popcorn Chicken</u> <u>Peas</u> <u>Apple Slices</u></p> 	<p><u>Chicken over Rice & Beans</u> <u>Shredded Chicken Breast</u> <u>Kidney Beans, Rice,</u> <u>Topped w/ Melted Cheddar</u> <u>Corn</u> <u>Mixed Fruit</u></p> 	<p><u>Tacos</u> <u>80/20 Ground Beef - Flour Tortillas</u> <u>Shredded Cheddar</u> <u>Corn</u> <u>Bananas</u></p> 	<p><u>Meatballs Sandwich</u> <u>Hot Dog Roll</u> <u>Green Beans</u> <u>Oranges</u></p>	<p><u>Southwest Mac & Cheese</u> <u>WG Rotini - 100% Cheddar</u> <u>Mozzarella - Cheese Sauce</u> <u>Tossed Salad</u> <u>Peaches</u></p> 
19	20	21	22	23
<p><u>Puled BBQ Chicken Sandwich</u> <u>WG Hot Dog Roll</u> <u>Broccoli Bites with Ranch Dressing</u> <u>Apple Slices</u></p>	<p><u>Chicken Parmesan</u> <u>Shredded Chicken Breast - Mozzarella Cheese</u> <u>WG Penne Pasta</u> <u>Tossed Salad</u> <u>Mixed Fruit</u></p>	 <p><u>WG Corndog Nuggets</u> <u>Corn</u> <u>Bananas</u></p>	<p><u>Sweet & Sour Chicken</u> <u>Rice</u> <u>Stir Fry Vegetables</u> <u>Bananas</u></p> 	<p><u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p> 
26	27	28	29	30
<p><u>Tyson Boneless Chicken Bites</u> <u>Pullman Bread</u> <u>Apple Slices</u> <u>Peas</u></p> 	<p><u>Meatloaf</u> <u>Roasted Potatoes</u> <u>Mixed Fruit</u> <u>WG Breadsticks</u></p>	<p><u>Chicken Primavera</u> <u>Shredded Chicken Breast - WG Pasta</u> <u>Garlic Cream Sauce - Spinach - Mozzarella</u> <u>Corn</u> <u>Bananas</u></p>	<p><u>Crispy Chicken Sandwich</u> <u>WG Bun</u> <u>Peas & Carrots</u> <u>Oranges</u></p>	<p><u>Tyson Chicken Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u></p> 