



# January Lunch/Snack Menu

GREEN = Wheat, Whole-Grain, & Multi-Grain Items    PURPLE = Infant/Toddler Alternative



	MON	TUES	WED	THURS	FRI
	Dec. 29	Dec. 30	Dec. 31	1	2
Snack	Chef's Choice Day	WG Mini Bagel, Applebutter, 1% Milk - Whole Milk	WG Oatmeal Bar, 1% Milk - Whole Milk		Chef's Choice Day
Lunch	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla, Diced Pears, 1% Milk - Whole Milk	Diced Chicken Alfredo with WG Pasta, Sweet Peas, 1% Milk - Whole Milk	School Closed - Happy New Year!	Chef's Choice Day
PM Snack	Chef's Choice Day	Vanilla Wafers, Water - Banana Snack Puffs	CLOSE @3:00		Chef's Choice Day
	5	6	7	8	9
Snack	WG Waffle, 1% Milk - Whole Milk	WG Spooner Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Muffin, 1% Milk - Whole Milk	WG Scooters Cereal, 1% Milk - Whole Milk
Lunch	Pizza Muffin with WG Muffin, Mixed Veggies. 1% Milk, Whole Milk	Chicken Patty on WG Bread, Diced Peaches, 1% Milk, Whole Milk	Sunbutter on WG Bread, Diced Pears, 1% Milk, Whole Milk, Cheese on WG Bread	WG Chicken Nuggets, Corn, 1% Milk, Whole Milk	Turkey Sausage Patty, WG Roll, Diced Carrots, 1% Milk - Whole Milk
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, American Cheese Slice, Water	WG Goldfish Crackers, Water	Soft Pretzels, Water - Diced Cucumber Slices
	12	13	14	15	16
Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Waffle, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Scooters Cereal, 1% Milk, Whole Milk
Lunch	Mac N Cheese with WG Pasta, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyaki Sauce, Broccoli, WG Roll, 1% Milk Whole Milk	Beef Crumbles w/ Tomato Sauce & Cheese on a WG Bun, Applesauce, 1% Milk - Whole Milk	Diced Turkey Ham, Cornbread Loaf, Mixed Veggies, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun, Potatoes, 1% Milk - Whole Milk
PM Snack	WG Champ Bites, Water - Banana Snack Puffs	Apple Straws, Applesauce, WG Toasted Oats, Water	WG Pita, Hummus, Water	Fresh Apple Slices, Water - WG Toasted Oats & Diced Mandarin Oranges	Townhouse Crackers, American Cheese Slice, Water
	19	20	21	22	23
Snack		WG Toasted Oats Cereal, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1% Milk, Whole Milk	WG French Toast Sticks, 1% Milk - Whole Milk	Chef's Choice Day
Lunch	MLK Day - School Closed	Diced or Shredded Chicken with BBQ Sauce, Broccoli, Pineapple Tidbits, 1% Milk, Whole Milk	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Beef or Turkey Meatloaf, Diced Peaches, Mashed Potatoes, 1% Milk - Whole Milk	Chef's Choice Day
PM Snack		WG Cheez Itz, Water	WG Soft Pretzel Rod, Water - Diced WG Soft Pretzel Rod	Animal Crackers, Water	Chef's Choice Day
	26	27	28	29	30
Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Waffle, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Scooters Cereal, 1% Milk, Whole Milk
Lunch	Mac N Cheese with WG Pasta, Broccoli, 1% Milk, Whole Milk	Diced Chicken with Teriyaki Sauce, Mandarin Oranges, 1% Milk - Whole Milk	Beef or Turk Crumbles w/ Tomato Sauce & Cheese on a WG Bun, Green Beans, 1% Milk - Whole Milk	Diced Turkey Ham, Cornbread Loaf, Fruit Cocktail, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun, Potatoes, Pineapple Tidbits, 1% Milk - Whole Milk
PM Snack	WG Champ Bites, Water - Banana Snack Puffs	Apple Straws, Applesauce, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Water - WG Toasted Oats & Diced Mandarin Oranges	Townhouse Crackers, American Cheese Slice, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz)    Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz)    Canned fruit are in natural juices.