



# February Menu

**GREEN = Wheat, Whole-Grain, & Multi-Grain Items** **Blue = Vegetarian Option** **PURPLE = Infant/Toddler Alternative**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
<b>Breakfast</b>	Chef's Choice Day	WG Mini Bagel, Applebutter, 1% Milk - Whole Milk	WG Cereal, Banana, 1% Milk - Whole Milk	WG French Toast Sticks, Blueberries, 1% Milk - Whole Milk	WG Blueberry Muffin, Diced Pears, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	Chicken & Cheese Quesadilla WG Tortilla (Cheese Quesadilla), Diced Pears, Green Beans, 1% Milk - Whole Milk	Diced Chicken Alfredo with WG Pasta (Vegan Crumbles), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Turkey Meatloaf (Vegetarian Griller), Diced Peaches, Mashed Potatoes, 1% Milk - Whole Milk	Turkey Sausage Patty (WG Vegan Nuggets), WG Biscuit, Diced Carrots, Mixed Fruit, 1% Milk, Whole Milk
<b>PM Snack</b>	Chef's Choice Day	Vanilla Wafers, Strawberry Yogurt, Water - Banana Snack Puffs	Cucumber Slices, Hummus, Water - Diced Cucumber	Diced Pears, Animal Crackers, Water	Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce
	9	10	11	12	13
<b>Breakfast</b>	WG Pancake, Mixed Berries, 1% Milk - Whole Milk	Diced Mangoes, Yogurt, 1% Milk, Whole Milk	WG Cereal, Banana, 1% Milk - Whole Milk	WG Banana Muffin, Blueberries, 1% Milk - Whole Milk	Chef's Choice
Lunch	WG Pizza Max Stick (Cheese Pizza), Mixed Veggies, Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty on WG Bread (Vegetarian Griller), Diced Peaches, Corn, 1% Milk, Whole Milk	Turkey & Cheese on WG Bread (Cheese Sand), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	WG Chicken Nuggets (WG Vegan Nuggets), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Chef's Choice
<b>PM Snack</b>	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	Chef's Choice
	16	17	18	19	20
<b>Breakfast</b>		WG Waffle, Berry Mix, 1% Milk, Whole Milk	WG Oatmeal Bar, Diced Peaches, 1% Milk - Whole Milk	WG Blueberry Muffin, Diced Pears, 1% Milk, Whole Milk	WG Cereal, Banana, 1% Milk, Whole Milk
Lunch	<b>School Closed - Professional Development Day</b>	Diced Chicken with Teriyaki Sauce (WG Vegan Chicken Nuggets), Corn, Mandarin Oranges, 1% Milk - Whole Milk	WG Chicken Nuggets (WG Vegan Nuggest), Applesauce, Green Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), WG Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk
<b>PM Snack</b>		Apple Straws, Yogurt, Water WG Toasted Oats	WG Pita, Hummus, Water	Apple Slices, Mozz String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges	Townhouse Crackers, American Cheese Slice, Water
	23	24	25	26	27
<b>Breakfast</b>	WG Apple Cinnamon Loaf, Trop Fruit, 1% Milk, Whole Milk	WG Cereal, Banana, 1% Milk - Whole Milk	WG Oatmeal Bar, Mixed Fruit, 1% Milk, Whole Milk	WG French Toast Sticks, Diced Pears, 1% Milk - Whole Milk	Chef's Choice Day
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches 1% Milk, Whole Milk	Shredded Chicken with BBQ Sauce (Vegan Crumbles), Peas & Carrots, Pineapple Tidbits, 1% Milk, Wh Milk	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Meatloaf (Vegetarian Griller), Diced Peaches, Mixed Veggies, 1% Milk - Whole Milk	Chef's Choice Day
<b>PM Snack</b>	WG Carrot Muffin, Mandarin Oranges, Water	Apple Slices, Cheez Itz, Water - WG Toasted Oats & Applesauce	WG Vanilla Graham Bear, Diced Pineapples, Water - Graham Cracker	Diced Mandarin Oranges, WG Animal Crackers, Water	Chef's Choice Day

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.