Fairfax Food Service | **January 2026** | **Chesterbrook**

LK Lunch Menu - Top 9 Allergen Free

Monday, December 29, 2025	Tuesday, December 30, 2025	Wednesday, December 31, 2025	Thursday, January 1, 2026	Friday, January 2, 2026
				Fresh Plain Chicken, 3oz
				Ketchup, 1oz
				Plain WG Brown Rice, 2oz
				Carrots, Green Beans, Zucchini, Squash, 2oz
				Pineapple Tidbits, 2oz
			FFS CLOSED	
				TODS & TWOS
				Mandarin Oranges, 2oz
				VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz & Chef's Line GF Bread, 1sl
Monday, January 5, 2026	**Tuesday, January 6, 2026**	**Wednesday, January 7, 2026**	**Thursday, January 8, 2026**	**Friday, January 9, 2026**
NAE GF Chicken Tender Strips, 3ea	NAE GF Chicken Tender Strips, 3ea	Turkey Nacho Fiesta, 3oz	Red Beans & Plain WG Brown Rice, 6oz	Jimmy Dean Chicken Sausage Patty, 1ea
Plain WG Brown Rice, 2oz	BBQ Sauce, 1oz	GF Corn Tortilla Chips, 2oz	Steamed Green Beans, 2oz	Chef's Line GF Bread, 1sl
Ketchup, 1oz	Mashed Potatoes, 2oz	Mild Salsa, 1oz	Golden Delicious Apple, 3oz	Diced Potatoes, 2oz
Baby Carrots, 2oz	Sweet Tender Peas, 2oz	Sweet Yellow Corn, 2oz		Ketchup, 1oz
Applesauce, 2oz	Banana, 1/2ea	Diced Pears, 2oz		Orange Wedges, 4ea
TODS & TWOS		***TODS & TWOS***	***TODS & TWOS***	***TODS & TWOS***
Carrot Coins, 2oz		Plain WG Brown Rice, 2oz	Applesauce, 2oz	Carrot Coins, 2oz
		Peas, Carrots, Green Beans, 2oz		Mandarin Oranges, 2oz
VEG: Southern 3-Bean Salad, 3oz & Chef's Line GF Bread, 1sl	VEG: Vegan Black Bean Chili, 4oz & Fritos, 1pkt TODS & TWOS: Plain WG Brown Rice, 2oz	VEG: Refried Beans, 3oz		**VEG:** Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, January 12, 2026	**Tuesday, January 13, 2026**	**Wednesday, January 14, 2026**	**Thursday, January 15, 2026**	**Friday, January 16, 2026**
GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz	Cookout Beef Burger, 1ea	Fresh Plain Chicken, 3oz	Brown Sugar Cinnamon Oatmeal, 2oz	Roasted Turkey Breast Sandwich, 1/2ea
Baby Carrots, 2oz	Chef's Line GF Bread, 1sl	Plain WG Brown Rice, 2oz	Jimmy Dean Chicken Sausage Patty, 1ea	**Boar's Head Roasted Turkey Breast, 2oz**
Fruit Cocktail, 2oz	Ketchup, 1oz	Ketchup, 1pkt	Syrup, 1oz	**Chef's Line GF Bread, 1sl**
	Sweet Yellow Corn, 2oz	Steamed Green Beans, 2oz	Baby Carrots, 2oz	Carrots, Green Beans, Zucchini, Squash, 2oz
	Red Delicious Apple, 3oz	Banana, 1/2ea	Orange Wedges, 4ea	Diced Pear, 2oz
TODS & TWOS	***TODS & TWOS***		***TODS & TWOS***	
Carrot Coins, 2oz	Steamed Green Beans, 2oz		Carrot Coins, 2oz	
Diced Peaches, 2oz	Applesauce, 2oz		Mandarin Oranges, 2oz	
VEG: Red Beans & Plain WG Brown Rice, 6oz	**VEG:** Southern 3-Bean Salad, 3oz	VEG: Refried Beans, 3oz	VEG: Chickpeas, 3oz	VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz & Chef's Line GF Bread, 1sl
Monday, January 19, 2026	**Tuesday, January 20, 2026**	**Wednesday, January 21, 2026**	**Thursday, January 22, 2026**	**Friday, January 23, 2026**
	Turkey Nacho Fiesta, 3oz	NAE GF Chicken Tender Strips, 3ea	Cookout Beef Burger, 1ea	Chicken Meatballs w/ Marinara, 3ea
	GF Corn Tortilla Chips, 2oz	Mashed Potatoes, 2oz	Chef's Line GF Bread, 1sl	Chef's Line GF Bread, 1sl
	Mild Salsa, 1oz	Ketchup, 1oz	Ketchup, 1pkt	Sweet Yellow Corn, 2oz
	Baby Carrots, 2oz	Sweet Tender Peas, 2oz	Chopped Romaine, 4oz	Diced Peaches, 2oz
	Pineapple Tidbits, 2oz	Orange Wedges, 4ea	Gala Apple, 3oz	
FFS CLOSED				
	TODS & TWOS			
	Plain WG Brown Rice, 2oz	***TODS & TWOS***	***TODS & TWOS***	***TODS & TWOS***
	Sweet Tender Peas, 2oz	Mandarin Oranges, 2oz	Steamed Green Beans, 2oz	Carrot Coins, 2oz
	Diced Peaches, 2oz		Applesauce, 2oz	
	VEG: Black Beans, 3oz	VEG: Red Beans & Plain WG Brown Rice, 6oz	**VEG:** Southern 3-Bean Salad, 3oz	VEG: Vegan Black Bean Chili, 4oz & Fritos, 1pkt
Monday, January 26, 2026	**Tuesday, January 27, 2026**	**Wednesday, January 28, 2026**	**Thursday, January 29, 2026**	**Friday, January 30, 2026**
Fresh Plain Chicken, 3oz	Rotisserie Chicken Sandwich, 1/2ea	NAE GF Chicken Tender Strips, 3ea	GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz	Fresh Plain Chicken, 3oz
Plain WG Brown Rice, 2oz	**Boar's Head Rotisserie Chicken Breast, 2oz**	Ketchup, 1oz	Chef's Line GF Bread, 1sl	Ketchup, 1oz
Ketchup, 1oz	**Chef's Line GF Bread, 1sl**	Plain WG Brown Rice, 2oz	Steamed Green Beans, 2oz	Plain WG Brown Rice, 2oz
Steamed Green Beans, 2oz	Mashed Potatoes, 2oz	Baby Carrots, 2oz	Banana, 1/2ea	Peas, Carrots, Green Beans, Corn, Lima Bean, 2oz
Fruit Cocktail, 2oz	Red Delicious Apple, 3oz	Orange Wedges, 4ea		Pineapple Tidbits, 2oz
TODS & TWOS	***TODS & TWOS***	***TODS & TWOS***		***TODS & TWOS***
Diced Pears, 2oz	Applesauce, 2oz	Carrot Coins, 2oz		Peas, Carrots, Green Beans, 2oz
		Mandarin Oranges, 2oz		Mandarin Oranges, 2oz
VEG: Red Beans & Plain WG Brown Rice, 6oz	VEG: Vegan Black Bean Chili, 4oz & Chef's Line GF Bread, 1ea	**VEG:** Refried Beans, 3oz	VEG: Southern 3-Bean Salad, 3oz	VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz & Chef's Line GF Bread, 1sl

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent.
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.

TOP 9 ALLERGENS:
(Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts)
****GF** = Gluten Free**

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

Nutrislice Link:
https://ffschildcarecenters.nutrislice.com/

FFS Website:
Daycare & School Lunches, Snacks in NOVA | Fairfax Food Service

Ounces are based off spoodle serving size, not weight.

Due to quality and demand, items may be subject to change.