

Fairfax Food Service

January 2026

Chesterbrook
LK Lunch Menu

Monday, December 29, 2025	Tuesday, December 30, 2025	Wednesday, December 31, 2025	Thursday, January 1, 2026	Friday, January 2, 2026
			FFS CLOSED	Boneless Chicken Wing Dings, 4ea Ketchup, 1oz Plain WG Brown Rice, 2oz Carrots, Green Beans, Zucchini, Squash, 2oz Pineapple Tidbits, 2oz <u>TODS & TWOS</u> Mandarin Oranges, 2oz VEG: MorningStar Vegan Nuggets, 3ea
Monday, January 5, 2026 Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Baby Carrots, 2oz Ranch, 1oz Applesauce, 2oz <u>TODS & TWOS</u> Carrot Coins, 2oz VEG: Southern 3-Bean Salad, 3oz, w/ Wheat Dinner Roll, 1ea	Tuesday, January 6, 2026 NAE WG Chicken Nuggets, 4ea BBQ Sauce, 1oz Mashed Potatoes, 2oz Sweet Tender Peas, 2oz Banana, 1/2ea VEG: MorningStar Vegan Nuggets, 3ea	Wednesday, January 7, 2026 Turkey Nacho Fiesta, 3oz GF Corn Tortilla Chips, 2oz Shredded Cheddar, 1/2oz Mild Salsa, 1oz Sweet Yellow Corn, 2oz Diced Pears, 2oz <u>TODS & TWOS</u> Plain WG Brown Rice, 2oz Peas, Carrots, Green Beans, 2oz VEG: Meatless Nacho Fiesta, 3oz	Thursday, January 8, 2026 Capitan Cold Sub, 1/2ea Boar's Head Roasted Turkey Breast, 1oz Boar's Head Rotisserie Chicken Breast, 1oz Provolone Cheese, 1/2sl Shredded Lettuce, 2oz Tomato, 1sl Sub Roll, 1/2ea Golden Delicious Apple, 1ea Baked Lay's, 1pkt <u>TODS & TWOS</u> Danimals Vanilla Yogurt, 1ea (Lettuce/Tomato) Applesauce Cup, 1ea (Apple) Club Crackers, 2pkts (Baked Lays) Spoon/Napkin VEG: Cheddar & Provolone Sub, 1/2ea	Friday, January 9, 2026 Jimmy Dean Chicken Sausage Patty, 1ea Cheddar Cheese, 1sl English Muffin, 1ea Diced Potatoes, 2oz Ketchup, 1oz Orange Wedges, 4ea <u>TODS & TWOS</u> Carrot Coins, 2oz Mandarin Oranges, 2oz VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, January 12, 2026 WG Penne Pasta w/ Turkey & Lentil Marinara, 4oz Baby Carrots, 2oz Ranch, 1oz Fruit Cocktail, 2oz <u>TODS & TWOS</u> Carrot Coins, 2oz Diced Peaches, 2oz VEG: Red Beans & Plain WG Brown Rice, 6oz	Tuesday, January 13, 2026 Lean Beef Hamburger, 1ea WG White Wheat Hamburger Bun, 1ea Cheddar Cheese, 1sl Ketchup, 1oz Sweet Yellow Corn, 2oz Red Delicious Apple, 3oz <u>TODS & TWOS</u> Steamed Green Beans, 2oz Applesauce, 2oz VEG: Southern 3-Bean Salad, 3oz, w/ Wheat Dinner Roll, 1ea	Wednesday, January 14, 2026 Capitan Cold Sub, 1/2ea Boar's Head Roasted Turkey Breast, 1oz Boar's Head Rotisserie Chicken, 1oz Provolone Cheese, 1/2sl Shredded Lettuce, 2oz Tomato, 1sl Sub Roll, 1/2ea Banana, 1ea 100% WG Original SunChips, 1pkt <u>TODS & TWOS</u> Honey Graham Crackers, 1pkt (Lettuce/Tomato) Club Crackers, 2pkts (SunChips) Spoon/Napkin VEG: Cheddar & Provolone Sub, 1/2ea	Thursday, January 15, 2026 WG Buttermilk Pancake, 1ea Jimmy Dean Chicken Sausage Patty, 1ea Syrup, 1oz Baby Carrots, 2oz Ranch, 1oz Orange Wedges, 4ea <u>TODS & TWOS</u> Carrot Coins, 2oz Mandarin Oranges, 2oz VEG: MorningStar Vegetarian Sausage Patty, 1ea	Friday, January 16, 2026 Meatless Baked Ziti, 4oz **WG Pasta, Marinara, 3 Cheese, Soy** Wheat Dinner Roll, 1ea Carrots, Green Beans, Zucchini, Squash, 2oz Diced Pears, 2oz
Monday, January 19, 2026 SunButter & Strawberry Crustless Sandwich, 1ea Cheese Stick, 1ea FFS CLOSED	Tuesday, January 20, 2026 SunButter & Strawberry Crustless Sandwich, 1ea Cheese Stick, 1ea Baby Carrots, 2oz Ranch, 1oz Pineapple Tidbits, 2oz <u>TODS & TWOS</u> Sweet Tender Peas, 2oz Diced Peaches, 2oz	Wednesday, January 21, 2026 NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 4oz Ketchup, 1oz Baby Carrots, 2oz Sweet Tender Peas, 2oz Orange Wedges, 4ea <u>TODS & TWOS</u> Mandarin Oranges, 2oz VEG: MorningStar Vegan Nuggets, 3ea	Thursday, January 22, 2026 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Chopped Romaine, 4oz Caesar Dressing, 1oz Parmesan Cheese, 1/2oz Gala Apple, 3oz <u>TODS & TWOS</u> Steamed Green Beans, 2oz Applesauce, 2oz VEG: Southern 3-Bean Salad, 3oz	Friday, January 23, 2026 Pizza Day! Cheese Pizza, 1sl Sweet Yellow Corn, 2oz Diced Peaches, 2oz VEG: Cheese Pizza, 1sl
Monday, January 26, 2026 Grilled Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Steamed Green Beans, 2oz Fruit Cocktail, 2oz <u>TODS & TWOS</u> Diced Pears, 2oz VEG: Red Beans & Plain WG Brown Rice, 6oz	Tuesday, January 27, 2026 Salisbury Steak & Gravy, 1ea Mashed Potatoes, 2oz Wheat Dinner Roll, 1ea Red Delicious Apple, 3oz <u>TODS & TWOS</u> Applesauce, 2oz VEG: Vegan Black Bean Chili, 4oz	Wednesday, January 28, 2026 NAE GF Chicken Tender Strips, 3ea Ketchup, 1oz Plain WG Brown Rice, 2oz Baby Carrots, 2oz Ranch, 1oz Orange Wedges, 4ea <u>TODS & TWOS</u> Carrot Coins, 2oz Mandarin Oranges, 2oz VEG: Refried Beans, 3oz w/ Shredded Cheddar, 1/2oz	Thursday, January 29, 2026 WW Spaghetti w/ Beef & Lentil Marinara, 4oz Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea VEG: Southern 3-Bean Salad, 3oz	Friday, January 30, 2026 Boneless Chicken Wing Dings, 4ea Ketchup, 1oz Plain WG Brown Rice, 2oz Carrots, Green Beans, Zucchini, Squash, 2oz Pineapple Tidbits, 2oz <u>TODS & TWOS</u> Mandarin Oranges, 2oz VEG: MorningStar Vegan Nuggets, 3ea
Portions meet CACFP requirements: 3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent. 6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.			**GF** = Gluten Free **WG** = Whole Grain **WW** = Whole Wheat	Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.
Nutrislice Link: https://fcschildcarecenters.nutrislice.com/			FFS Website: http://www.fairfaxva.gov/Departments/Child-Care/Child-Care-Centers/Child-Care-Centers-Menu	
			Ounces are based off spoonful serving size, not weight.	Due to quality and demand, items may be subject to change.