



# February Menu

**GREEN = Wheat, Whole-Grain, & Multi-Grain Items** **Blue = Vegetarian Option** **PURPLE = Infant/Toddler Alternative**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
<b>Breakfast</b>	Please view:	2nd page of menu			
Lunch					
<b>PM Snack</b>					
	9	10	11	12	13
<b>Breakfast</b>	Cereal Bar, Mixed Fruit, 1% Milk - <b>Whole Milk</b>	Mixed Berries, Yogurt, 1% Milk, <b>Whole Milk</b>	<b>WG Cereal</b> , Banana, 1% Milk - Whole Milk	<b>WG Banana Muffin</b> , Blueberries, 1% Milk - <b>Whole Milk</b>	Chef's Choice
Lunch	Turkey/Cheese on <b>WG Bread</b> ( <b>veg. ava.</b> ), Diced Carrots, Diced Pears, 1% Milk, <b>Whole Milk</b>	Chicken Patty on <b>WG Bread</b> ( <b>Vegetarian Griller</b> ), Diced Peaches, Corn, 1% Milk, <b>Whole Milk</b>	<b>WG Pizza Max Stick</b> ( <b>Cheese Pizza</b> ), Mixed Veggies. Tropical Fruit, 1% Milk, <b>Whole Milk</b>	<b>WG Chicken Nuggets</b> ( <b>WG Vegan Nuggets</b> ), Pineapple Tidbits, Green Beans, 1% Milk, <b>Whole Milk</b>	Chef's Choice (Menu Available on Tadpoles)
<b>PM Snack</b>	<b>WG Graham Crackers</b> , Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - <b>Strawberry/Apple Puffs</b> , <b>Applesauce</b>	Townhouse Crackers, Cheese Slice, Water	<b>WG Goldfish Crackers</b> , Applesauce, Water	Chef's Choice
	16	17	18	19	20
<b>Breakfast</b>		<b>WG Waffle</b> , Berry Mix, 1% Milk, <b>Whole Milk</b>	<b>WG Oatmeal Bar</b> , Diced Peaches, 1% Milk - <b>Whole Milk</b>	<b>WG Blueberry Muffin</b> , Diced Pears, 1% Milk, <b>Whole Milk</b>	<b>WG Cereal</b> , Banana, 1% Milk, <b>Whole Milk</b>
Lunch	<b>School Closed - Professional Development Day</b>	Diced Chicken with Teriyaki Sauce ( <b>WG Vegan Chicken Nuggets</b> ), Corn, Mandarin Oranges, 1% Milk - <b>Whole Milk</b>	<b>WG Chicken Nuggets</b> ( <b>WG Vegan Nugget</b> ), Applesauce, Green Beans, 1% milk - <b>Whole Milk</b>	Diced Turkey Ham ( <b>Vegan Crumbles</b> ), <b>WG Cornbread Loaf</b> , Mixed Veggies, Fruit Cocktail, 1% Milk - <b>Whole Milk</b>	Turkey Burger with Cheese on a <b>WG Bun</b> ( <b>Vegetarian Griller</b> ), Potato Coins, Pineapple Tidbits, 1% Milk - <b>Whole Milk</b>
<b>PM Snack</b>		Apple Straws, Yogurt, Water	<b>WG Pita</b> , Hummus, Water	Apple Slices, Mozz String Cheese, Water - <b>WG Toasted Oats &amp; Diced Mandarin Oranges</b>	Townhouse Crackers, American Cheese Slice, Water
	23	24	25	26	27
<b>Breakfast</b>	<b>WG Apple Cinnamon Loaf</b> , Trop Fruit, 1% Milk, <b>Whole Milk</b>	<b>WG Cereal</b> , Banana, 1% Milk - <b>Whole Milk</b>	<b>WG Oatmeal Bar</b> , Mixed Fruit, 1% Milk, <b>Whole Milk</b>	<b>WG French Toast Sticks</b> , Diced Pears, 1% Milk - <b>Whole Milk</b>	Chef's Choice Day
Lunch	Grilled Cheese, Tomato Soup, Diced Peaches 1% Milk, <b>Whole Milk</b>	Shredded Chicken with BBQ Sauce ( <b>Vegan Crumbles</b> ), Peas & Carrots, Pineapple Tidbits, 1% Milk, <b>Wh Milk</b>	Cheese Pizza with <b>WG Crust</b> , Peas & Carrots, Tropical Fruit, 1% Milk, <b>Whole Milk</b>	Meatloaf ( <b>Vegetarian Griller</b> ), Diced Peaches, Mixed Veggies, 1% Milk - <b>Whole Milk</b>	Chef's Choice (Menu Available on Tadpoles)
<b>PM Snack</b>	<b>WG Carrot Muffin</b> , Mandarin Oranges, Water	Apple Slices, Cheez Itz, Water - <b>Goldfish &amp; Applesauce</b>	<b>WG Vanilla Graham Bear</b> , Diced Pineapples, Water - <b>Graham Cracker</b>	Diced Mandarin Oranges, <b>WG Animal Crackers</b> , Water	Chef's Choice Day

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.