



Please CIRCLE the menu options you would like to order:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Chicken Alfredo Pasta</b> with Steamed Broccoli  Unsweetened Applesauce	3 <b>Fish Sticks &amp; "Chips"</b> Breaded Fish Sticks Cheesy Baked Potatoes Steamy Baby Carrots  Seasonal Fresh Fruit	4 <b>Roasted Turkey Bites</b> Green Beans Mashed Potatoes Corn Muffin  Seasonal Fresh Fruit	5 <b>Baked Cheesy Chicken Taquitos</b> Roasted Potato Medley and Edamame  Seasonal Fresh Fruit	6  PIZZA	7
8	9 <b>Baked Diced Chicken</b> Fresh Mashed Potato Steamed Broccoli Buttery Corn and Edamame  Unsweetened Applesauce	10 <b>Three Cheese Tortellini</b> with kale pesto Fresh Tomato Slices on the side  Seasonal Fresh Fruit	11 <b>Chicken Quesadilla</b> Soft Flour Tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Browns Baby Carrots on the side  Seasonal Fresh Fruit	12 <b>Lean Ground Beef</b> with Veggie Mix Enriched Basmati White Rice Organic Beans  Seasonal Fresh Fruit	13  PIZZA  <b>NO VPK</b>	14
15	16 <b>Creamy Polenta Bolognese</b> with Enriched Bolognese Beef Sauce and Carrots Shredded Parmesan Cheese on top  <b>NO VPK</b> Unsweetened Applesauce	17 <b>St. Patrick's Day</b> Enriched Basmati White Rice with Spinach Organic Petite Green Peas with PopCorn Chicken  <b>NO VPK</b> Seasonal Fresh Fruit	18 <b>Cheese Burger Party</b> Premium Potato Buns, Homemade Beef-Broccoli-Quinoa patties Pre  <b>NO VPK</b> Seasonal Fresh Fruit	19 <b>Chicken Stir Fry with Veggies</b> Enriched Basmati White Rice and Vegetable Mix  <b>NO VPK</b> Seasonal Fresh Fruit	20  PIZZA  <b>NO VPK</b>	17
22	23 <b>Chicken and Vegetable Dumplings</b> Brown Rice and Quinoa Veggie Stir Fry and Edamame  Unsweetened Applesauce	24 <b>Shepherd's Pie</b> with Ground Beef Organic Peas and Carrots and Fresh Mash Potato Baked with Bread Crumbles on top  Seasonal Fresh Fruit	25 <b>Chicken in our veggie BBQ sauce</b> Steamed Organic Baby Carrots Sweet Corn Cheddar Grits  Seasonal Fresh Fruit	26 <b>Homemade Chicken Lasanga</b> with Carrots and Spinach Ricotta Dinner Roll on the side  Seasonal Fresh Fruit	27  PIZZA	28
29	30 <b>Monday Brunch</b> Mini Pancakes with Sugar Free Jelly Egg Muffins and Spinach Plus Cheesy Cauli-Potato Tots  Yogurt	31 <b>Oven Baked Fish Cakes</b> Roasted Baby Potatoes Sweet Corn & Pea Medley Lemon Yogurt Dip  Seasonal Fresh Fruit				
		\$7.80 X _____ = _____ \$6.00 X _____ = _____				