



March Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3		4		5		6	
Breakfast	Oatmeal w/ Strawberry Slices, Milk	WG Mini Bagel, Cream Cheese, Applesauce 1% Milk - Whole Milk		WG Cereal Oatmeal Bar, Applesauce, 1% Milk - Whole Milk		WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk		WG Cereal, Diced Pears, 1% Milk, Whole Milk	
Lunch	Turkey & Cheese on WG Bread (Cheese Sandwich), Broccoli, Diced Peaches, Milk	Turkey Tacos on a WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk - Whole Milk		WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk		Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk		Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk	
PM Snack	Pizza Cracker, Mango, water	Vanilla Wafers, Strawberry Yogurt, Water - Banana Snack Puffs		Cucumber Slices, Hummus, Water - Diced Cucumber		Wheat Thin Crackers, Mozzarella String Cheese, Water		Mandarin Oranges, Animal Crackers, Water	
9		10		11		12		13	
Breakfast	WG Waffle, Mixed Berries, 1% Milk - Whole Milk	WG Cereal, Strawberry Slices, 1% Milk - Whole Milk		Diced Mangoes, Yogurt, 1% Milk, Whole Milk		WG Muffin, Blueberries, 1% Milk - Whole Milk		Chef's Choice Day	
Lunch	WG Cheese Pierogies, Mixed Veggies. Tropical Fruit, 1% Milk, Whole Milk	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk, Whole Milk		WG Chicken Patty (Veg Griller), Diced Carrots, Diced Pears, 1% Milk, Whole Milk, Cheese on WG Bread		Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Broccoli, 1% Milk, Whole Milk		Chef's Choice Day	
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce		Townhouse Crackers, American or Cheddar Cheese Slice, Water		WG Goldfish Crackers, Applesauce, Water		Chef's Choice Day	
16		17		18		19		20	
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, Berry Mix, 1% Milk, Whole Milk		WG Cereal Oatmeal Bar, 1% Milk - Whole Milk		Yogurt, Diced Peaches, 1% Milk, Whole Milk		WG Cereal, 1/2 Banana, 1% Milk - Whole Milk	
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk, Whole Milk	Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk - Whole Milk		Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% milk - Whole Milk		Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk		WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk	
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Cucumber Slices w/Ranch, Water, WG Toasted Oats		WG Pita, Hummus, Water		Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges		Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	
23		24		25		26		27	
Breakfast	Chef's Choice Day	WG Toasted Oats Cereal, 1/2 Banana, 1% Milk - Whole Milk		WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk		WG French Toast Sticks, Diced Pears, 1% Milk - Whole Milk		WG Scooters Cereal, 1/2 Banana, 1% Milk, Whole Milk	
Lunch	Chef's Choice Day	WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Pears, 1% Milk, Whole Milk		Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk		Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk - Whole Milk		WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk	
PM Snack	Chef's Choice Day	WG Cheez Itz, Yogurt, Water		WG Graham Crackers, Applesauce, Water		Diced Mandarin Oranges, Animal Crackers, Water		Townhouse Crackers, American Cheese Slice, Water	

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.