



March Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Chef's Choice Day	WG Mini Bagel, Cream Cheese, Fresh Fruit 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk - Whole Milk	WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk	WG Cereal, Diced Pears, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	Turkey Tacos on a WG Tortilla, Diced Pears, Green Beans, 1% Milk - Whole Milk	WG Chicken Nuggets, Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	Vanilla Wafers, Strawberry Yogurt, Water - Banana Snack Puffs	Cucumber Slices, Hummus, Water - Diced Cucumber	Diced Mandarin Oranges, Graham Crackers, Water	Wheat Thin Crackers, Mozzarella String Cheese, Water
Breakfast	WG Waffle, Mixed Berries, 1% Milk - Whole Milk	WG Cereal, Strawberry Slices, 1% Milk - Whole Milk	Diced Mangoes, Yogurt, 1% Milk, Whole Milk	WG Muffin, Blueberries, 1% Milk - Whole Milk	Chef's Choice Day
Lunch	WG Cheese Pierogies, Mixed Veggies. Tropical Fruit, 1% Milk, Whole Milk	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Veg Griller), Diced Carrots, Diced Pears, 1% Milk, Whole Milk, Cheese on WG Bread	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Broccoli, 1% Milk, Whole Milk	Chef's Choice Day
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	Chef's Choice Day
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, Berry Mix, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, Diced Peaches, 1% Milk, Whole Milk	WG Cereal, 1/2 Banana, 1% Milk - Whole Milk
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk, Whole Milk	Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk - Whole Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% milk - Whole Milk	Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Cucumber Slices w/Ranch, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices
Breakfast	Chef's Choice Day	WG Toasted Oats Cereal, 1/2 Banana, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk	WG French Toast Sticks, Diced Pears, 1% Milk - Whole Milk	WG Scooters Cereal, 1/2 Banana, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Pears, 1% Milk, Whole Milk	Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk - Whole Milk	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk
PM Snack	Chef's Choice Day	WG Cheez Itz, Yogurt, Water	WG Graham Crackers, Applesauce, Water	Diced Mandarin Oranges, Animal Crackers, Water	Townhouse Crackers, American Cheese Slice, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.