



April Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30	31	1	2	3
AM Snack	Chef's Choice Day	WG Cereal, 1% Milk - Whole Milk	WG Waffle Grahams 1% Milk - Whole Milk	WG Cereal 1% Milk - Whole Milk	WG Oatmeal Bar, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	Turkey or Beef Tacos on a WG Tortilla, (Veg Crumbles) Green Beans, 1% Milk - Whole Milk	WG Chicken Nuggets, (WG Vegan Nuggets) Sweet Peas, 1% Milk - Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Diced Peaches, 1% Milk - Whole Milk	Pizza with WG Crust, Diced Carrots, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	Vanilla Wafers, Water	WG Champ Bites, Water	Animal Crackers, Water	WG Sport Bites, Water
	6	7	8	9	10
AM Snack	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk - Whole Milk	Oatmeal Cookies, 1% Milk, Whole Milk	Banana, 1% Milk - Whole Milk	Chef's Choice Day
Lunch	WG Cheese Pierogies, Mixed Veggies, 1% Milk, Whole Milk	Chicken & Rice Bowl (Veg Crumbles) , Corn, 1% Milk, Whole Milk	WG Chicken Patty (Veg Griller), Diced Pears, 1% Milk, Whole Milk, Cheese on WG Bread	Turkey Burger on WG Bun (Vegetarian Griller), Green Beans, 1% Milk, Whole Milk	Chef's Choice Day
PM Snack	WG Goldfish, Water	Apple Straws, (Strawberry/Apple Puffs)Water	Townhouse Crackers, American Cheese Slice, Water	WG Waffle Grahams, Water	Chef's Choice Day
	13	14	15	16	17
AM Snack	WG Oatmeal Bar, 1% Milk, Whole Milk	WG Cereal, 1% Milk - Whole Milk	WG Waffle Grahams 1% Milk - Whole Milk	WG Cereal 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk
Lunch	Mac N Cheese with WG Elbows, Broccoli, 1% Milk, Whole Milk	Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, 1% Milk - Whole Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, 1% Milk - Whole Milk	Turkey & Cheese on WG Bread (Cheese), Fruit Cocktail, 1% Milk - Whole Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Sport Bites, Water	Vanilla Wafers, Water	Soft Pretzel Sticks, (Diced Soft Pretzels), Water	Animal Crackers, Water	WG Goldfish, Water
	20	21	22	23	24
AM Snack	Chef's Choice Day	Yogurt, 1% Milk - Whole Milk	Oatmeal Cookies, 1% Milk, Whole Milk	Banana, 1% Milk - Whole Milk	WG Cereal, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	WG Tortilla Chicken Quesadillas (Cheese), Diced Pears, 1% Milk, Whole Milk	Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, 1% Milk, Whole Milk	Sun butter & Jelly Sammy on WG Bread, Diced Peaches, 1% Milk - Whole Milk	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk
PM Snack	Chef's Choice Day	Apple Straws, (Strawberry/Apple Puffs)Water	Mozzarella String Cheese, WG Cereal, Water	WG Waffle Grahams, Water	WG Graham Crackers
	27	28	29	30	1-May
AM Snack	WG Oatmeal Bar, 1% Milk, Whole Milk	WG Cereal, 1% Milk - Whole Milk	WG Waffle Grahams 1% Milk - Whole Milk	WG Cereal 1% Milk - Whole Milk	Chef's Choice Day
Lunch	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches 1% Milk, Whole Milk	WG Chicken Nuggets (WG Vegan Nuggets) Sweet Peas, 1% Milk - Whole Milk	Pizza with WG Crust, Fruit Mix, 1% Milk, Whole Milk	WG Cheese Pierogies, Mixed Veggies, 1% Milk, Whole Milk	Chef's Choice Day
PM Snack	WG Sport Bites, Water	Vanilla Wafers, Water	WG Cheeze-Its, Water	Animal Crackers, Water	Chef's Choice Day

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.