



April Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30-Mar	31-Mar	1	2	3
AM Snack	Apple slices, 1% Milk	WG Mini Bagel, Cream Cheese, 1% Milk	WG Blueberry Muffins, 1% Milk	WG Cereal Oatmeal Bar 1% Milk	Chef's Choice Day
Lunch	Pizza with WG Crust, Diced Carrots, Oranges, 1% Milk	Turkey or Beef Tacos on a WG Tortilla (Veggie Crumbles), Diced Pears, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Sweet Peas, 1% Milk	Cheeseburger on WG Bun (Vegetarian Griller), Diced Peaches, 1% Milk	Chef's Choice Day
PM Snack	Cheese Sticks, Water	Cheeze Itz, Water	WG Graham Crackers, Water	Animal Crackers, Water	Chef's Choice Day
	6	7	8	9	10
AM Snack	Bananas, 1% Milk	WG Cereal, 1% Milk	Fresh Apple Slices, 1% Milk	WG Muffin, 1% Milk	Chef's Choice Day
Lunch	WG Cheese Pierogies, Mixed Veggies. 1% Milk	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, 1% Milk	WG Chicken Patty (Veg Griller), Diced Carrots, 1% Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, 1% Milk	Chef's Choice Day
PM Snack	Cucumber Slices, Hummus, Water Diced Cucumbers	Cheese Sticks, Water	Stawberry Oatmeal Bar, Water	WG Goldfish Crackers, Water	Chef's Choice Day
	13	14	15	16	17
AM Snack	WG Apple Cinnamon Loaf, 1% Milk	Mandarian Oranges 1% Milk	WG Cereal Oatmeal Bar, 1% Milk	WG Biscuits, Jelly 1% Milk	Chef's Choice Day
Lunch	Mac N Cheese with WG Elbows, Broccoli, 1% Milk	Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, 1% Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, 1% Milk	Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, 1% Milk	Chef's Choice Day
PM Snack	WG Champ Bites, Water	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Pita, Hummus, Water	Wheat Thins, Water	Chef's Choice Day
	20	21	22	23	24
AM Snack	Bananas, 1% Milk	WG Toasted Oats Cereal 1% Milk	WG Oatmeal Cereal Bar, 1% Milk	WG Biscuits, Jelly 1% Milk	Chef's Choice Day
Lunch	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk	WG Tortilla Chicken Quesadillas (Cheese), Diced Pears, 1% Milk	Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, 1% Milk	Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, 1% Milk	Chef's Choice Day
PM Snack	Applesauce, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	WG Graham Crackers, Water	Animal Crackers, Water	Chef's Choice Day
	27	28	29	30	1-May
AM Snack	WG Cereal, 1% Milk	WG Cereal Oatmeal Bar, 1% Milk	WG French Toast, 1% Milk	Apple Slices, 1% Milk	Chef's Choice Day
Lunch	Chicken & Rice Bowl (Veg Crumbles), Corn, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Diced Peaches, Sweet Peas, 1% Milk	Pizza with WG Crust, Diced Carrots, Mandarian Oranges, 1% Milk	WG Cheese Pierogies, Mixed Veggies. Mixed Fruit, 1% Milk	Chef's Choice Day
PM Snack	Fresh Apple Slices, Sunbutter, Water	Vanilla Wafers, Water	WG Champ Bites, Water	WG Graham Crackers, Water	Chef's Choice Day

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.