



April Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

	MONDAY 30-Mar	TUESDAY 31-Mar	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
Breakfast	WG Mini Bagel w/ Apple Butter, Diced Peaches, Milk	WG Cereal, Fresh Strawberry Slices, 1% Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk	WG French Toast Sticks, Banana, 1% Milk	WG Cereal, Diced Pears, 1% Milk
Lunch	Grilled Cheese w/ Tomato Soup, Diced Pears, Milk	Beef Rib (Veggie Crumbles), Mandarin Oranges, Corn, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Pineapple Tidbits, Sweet Peas, 1% Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk	Pizza with WG Crust, Diced Carrots, Fruit Cocktail, 1% Milk
PM Snack	WG Goldfish, Tropical Mixed Fruit, Water	Cheeze It's, Fruit Cocktail Water	Cucumber Slices, Hummus, Graham Cracker Water Diced Cucumbers	Diced Mandarin Oranges, Animal Crackers, Water	WG Wheat Thins, Mozz String Cheese, Water - American Cheese Slice
Breakfast	6 WG Cereal, Pineapple Tidbits, 1% Milk	7 WG Waffle, Mixed Berries, 1% Milk	8 Diced Mangoes, Yogurt, 1% Milk	9 WG Muffin, Blueberries, 1% Milk	10 Chef's Choice Day
Lunch	WG Cheese Pierogies, Mixed Veggies, Tropical Fruit, 1% Milk	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk	WG Chicken Patty (Veg Griller), Diced Carrots, Diced Pears, 1% Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Broccoli, 1% Milk	Chef's Choice Day
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water Wheat Thins, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Vanilla Wafer, Applesauce, Water	Chef's Choice Day
Breakfast	13 WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk	14 WG Waffle, Berry Mix, 1% Milk	15 WG Cereal Oatmeal Bar, Banana 1% Milk	16 Yogurt, Diced Peaches, 1% Milk	17 WG Bagel w/ Jelly, Banana, 1% Milk
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk	Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% Milk	Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Champ Bites, Mandarin Oranges, Water	Vanilla Wafers, Strawberry Yogurt, Water	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - Applesauce & Wheat Thins	Cucumber Slices, Tzatziki Dip, Saltine Crackers Water - Diced Cucumber Slices
Breakfast	20 Chef's Choice Day	21 WG Toasted Oats Cereal, Mandarin Oranges,	22 WG Oatmeal Cereal Bar, Fresh Blackberries, 1% Milk	23 WG French Toast Sticks, Diced Pears, 1% Milk	24 WG Scooters Cereal, Banana, 1% Milk
Lunch	Chef's Choice Day	WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Pears, 1% Milk	Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk	Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk
PM Snack	Chef's Choice Day	WG Graham Cracker, Yogurt, Water	WG Cheez itz, Applesauce, Water	Diced Mandarin Oranges, Animal Crackers, Water	Townhouse Crackers, American Cheese Slice, Water
Breakfast	27 WG Cereal Oatmeal Bar, Applesauce, 1% Milk	28 WG Cereal, Strawberry Slices, 1% Milk	29 WG Biscuit w/ Jelly, Diced Pears, 1% Milk	30 WG Waffle, Mixed Berries, 1% Milk	1-May Chef's Choice Day
Lunch	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk	WG Cheese Pierogies, Mixed Veggies, Tropical Fruit, 1% Milk	Chef's Choice Day
PM Snack	Fresh Apple Slices, Sunbutter, Water Wheat Thins, Applesauce	Vanilla Wafers, Strawberry Yogurt, Water	Townhouse Crackers, American Slice, Water	WG Graham Crackers, Applesauce, Water	Chef's Choice Day

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.