



# March Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
<b>Breakfast</b>	<b>Chef's Choice Day</b>	WG Mini Bagel, Cream Cheese, 1% Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk	WG French Toast Sticks, 1/2 Banana, 1% Milk	WG Cereal, Diced Pears, 1% Milk
<b>Lunch</b>	<b>Chef's Choice Day</b>	Turkey Tacos on a WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk	Turkey Burger w/ Cheese on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk
<b>PM Snack</b>	<b>Chef's Choice Day</b>	Vanilla Wafers, Strawberry Yogurt, Water	Cucumber Slices, Hummus, Water	Diced Mandarin Oranges, Animal Crackers, Water	Wheat Thin Crackers, Mozzarella String Cheese, Water - Applesauce
	9	10	11	12	13
<b>Breakfast</b>	WG Waffle, Mixed Berries, 1% Milk	WG Cereal, Strawberry Slices, 1% Milk	Diced Mangoes, Yogurt, 1% Milk	WG Muffin, Blueberries, 1% Milk	<b>Chef's Choice Day</b>
<b>Lunch</b>	WG Cheese Pierogies, Mixed Veggies. Tropical Fruit, 1% Milk	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk	WG Chicken Patty (Veg Griller), Diced Carrots, Diced Pears, 1% Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Broccoli, 1% Milk	<b>Chef's Choice Day</b>
<b>PM Snack</b>	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	<b>Chef's Choice Day</b>
	16	17	18	19	20
<b>Breakfast</b>	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk	WG Waffle, Berry Mix, 1% Milk	WG Cereal Oatmeal Bar, 1% Milk	Yogurt, Diced Peaches, 1% Milk	WG Cereal, 1/2 Banana, 1% Milk
<b>Lunch</b>	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk	Taco Bowl - Turkey Crumbles (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% milk	Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk
<b>PM Snack</b>	WG Champ Bites, Mandarin Oranges, Water	Cucumber Slices w/Ranch, Water	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce	Cucumber Slices, Tzatziki Dip, Water
	23	24	25	26	27
<b>Breakfast</b>	<b>Chef's Choice Day</b>	WG Toasted Oats Cereal, 1/2 Banana, 1% Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk	WG French Toast Sticks, Diced Pears, 1% Milk	WG Scooters Cereal, 1/2 Banana, 1% Milk
<b>Lunch</b>	<b>Chef's Choice Day</b>	WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Pears, 1% Milk	Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk	Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk
<b>PM Snack</b>	<b>Chef's Choice Day</b>	WG Cheez Itz, Yogurt, Water	WG Graham Crackers, Applesauce, Water	Diced Mandarin Oranges, Animal Crackers, Water	Townhouse Crackers, American Cheese Slice, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.