



March Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items PURPLE = Infant/Toddler Alternative

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
Breakfast	WG Muffin, Blueberries, Milk	WG Mini Bagel, Cream Cheese, Strawberries, Milk	WG Cereal, Applesauce, Milk	WG Cereal Oatmeal Bar, 1/2 Banana, Milk	WG Cereal, Diced Pears, Milk
Lunch	Chicken Alfredo, Sweet Potatoes, Pineapple, Milk	Turkey Tacos on a WG Tortilla, Diced Pears, Green Beans, Milk	WG Chicken Nuggets, Dinner Roll, Tropical Fruit, Sweet Peas, Milk	Cheeseburger on WG Bun, Potato Coins, Diced Peaches, Milk	Pizza with WG Crust, Diced Carrots, Applesauce, Milk
PM Snack	Rice Cakes, Craisins, Water	Vanilla Wafers, Yogurt, Water - Banana Snack Puffs	Cucumber Spears, Hummus, Water	Mandarin Oranges, Graham Crackers, Water	Wheat Thin Crackers, Mozzarella String Cheese, Water
	9	10	11	12	13
Breakfast	WG Cereal Oatmeal Bar, Mixed Berries, Milk	WG Cereal, Strawberry Slices, Milk	Diced Mangoes, Yogurt, Milk	WG Muffin, Blueberries, Milk	Chef's Choice Day
Lunch	WG Cheese Pierogies, Mixed Veggies, Tropical Fruit, Milk	Chicken & Rice Bowl, Diced Peaches, Corn, Milk	Chicken Patty, WG Dinner Roll, Diced Carrots, Diced Pears, Milk	Cheese Burger on WG Bun, Pineapple Tidbits, Broccoli, Milk	Chef's Choice Day
PM Snack	Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water WG Crackers	Townhouse Crackers, Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	Chef's Choice Day
	16	17	18	19	20
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, Milk	WG Waffle, Berry Mix, Milk	WG Cereal Oatmeal Bar, 1/2 Orange, Milk	Yogurt, Diced Peaches, Milk	WG Cereal, 1/2 Banana, Milk
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches, Milk	Taco Bowl - Beef, Rice, Corn, Pineapple Tidbits, Milk	Diced Chicken Parm, WG Pasta, Applesauce, Green Beans, Milk	Turkey & Cheese on WG Bread, Mixed Veggies, Tropical Fruit, Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, Peas & Carrots, Milk
PM Snack	WG Champ Bites, Mandarin Oranges, Water	Cucumber Spears w/Ranch, Ritz Crackers, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats	Graham Crackers, Applesauce, Water
	23	24	25	26	27
Breakfast	Chef's Choice Day	WG Toasted Oats Cereal, 1/2 Banana, Milk	WG Oatmeal Cereal Bar, 1/2 Orange, Milk	WG French Toast Sticks, Diced Pears, Milk	WG Cereal, 1/2 Banana, Milk
Lunch	Chef's Choice Day	WG Tortilla Chicken Quesadillas, Broccoli, Diced Pears, Milk	Diced Chicken & Mashed Potato Bowl w/Gravy, WG Dinner Roll Peas & Carrots, Tropical Fruit, Milk	Sunbutter & Jelly Sandwich on WG Bread, Diced Peaches, Corn, Milk	WG Fish Sticks, WG Dinner Roll, Potato Coins, Pineapple Tidbits, Milk
PM Snack	Chef's Choice Day	WG Cheez Itz, Yogurt, Water	WG Graham Crackers, Applesauce, Water	Mandarin Oranges, Animal Crackers, Water	Townhouse Crackers, American Cheese Slice, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.