



# March Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items    RED = Vegetarian Option    PURPLE = Infant/Toddler Alternative

|                  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|------------------|---|---|--|--|--|
| <b>Breakfast</b> | 2<br>Chef's Choice Day  | 3<br>WG Mini Bagel Cream Cheese, 1% Milk - Whole Milk   | 4<br>WG Cereal Oatmeal Bar, Applesauce, 1% Milk - Whole Milk   | 5<br>WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk  | 6<br>WG Cereal, Diced Peas, 1% Milk, Whole Milk  |
| <b>Lunch</b>     | 2<br>Chef's Choice Day  | 3<br>Turkey Tacos on a WG Tortilla (Veggie Crumbles), Diced Peas, Green Beans, 1% Milk - Whole Milk | 4<br>WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk                   | 5<br>Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk  | 6<br>Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk                  |
| <b>PM Snack</b>  | 2<br>Chef's Choice Day  | 3<br>Vanilla Wafers, Strawberry Yogurt, Water - Banana Snack Puffs                                  | 4<br>Cucumber Slices, Ranch, Water - Diced Cucumber  | 5<br>Diced Mandarin Oranges, Animal Crackers, Water  | 6<br>Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce |
| <b>Breakfast</b> | 9<br>WG Waffle, Mixed Berries, 1% Milk - Whole Milk                           | 10<br>WG Cereal, Strawberry Slices, 1% Milk - Whole Milk  | 11<br>Banana Yogurt, 1% Milk, Whole Milk   | 12<br>WG Muffin, Blueberries, 1% Milk - Whole Milk   | 13<br>Chef's Choice Day  |
| <b>Lunch</b>     | 9<br>WG Cheese Pierogies, Mixed Veggies, Tropical Fruit, 1% Milk, Whole Milk  | 10<br>Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk, Whole Milk                  | 11<br>WG Chicken Party (Veg Griller), Diced Carrots, Diced Peas, 1% Milk, Whole Milk, Cheese on WG Bread               | 12<br>Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Broccoli, 1% Milk, Whole Milk | 13<br>Chef's Choice Day  |
| <b>PM Snack</b>  | 9<br>WG Graham Crackers, Applesauce, Water                                    | 10<br>Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce                     | 11<br>Townhouse Crackers, American or Cheddar Cheese Slice, Water  | 12<br>WG Goldfish Crackers, Applesauce, Water  | 13<br>Chef's Choice Day  |
| <b>Breakfast</b> | 16<br>WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk             | 17<br>WG Waffle, Berry Mix, 1% Milk, Whole Milk   | 18<br>WG Cereal Oatmeal Bar, 1% Milk - Whole Milk  | 19<br>Yogurt, Diced Peaches, 1% Milk, Whole Milk   | 20<br>WG Cereal, 1/2 Banana, 1% Milk - Whole Milk  |
| <b>Lunch</b>     | 16<br>Mac N Cheese with WG Elbow, Broccoli, Diced Peaches 1% Milk, Whole Milk | 17<br>Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk - Whole Milk | 18<br>Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% milk - Whole Milk                        | 19<br>Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk      | 20<br>WG Pancake, Turkey Sausage Party, Mandarin Oranges, 1% Milk - Whole Milk           |
| <b>PM Snack</b>  | 16<br>WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs            | 17<br>Cucumber Slices w/Ranch, Water, WG Toasted Oats   | 18<br>WG Pita, yogurt, Water   | 19<br>Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges | 20<br>Cucumber Slices, Ranch, Water - Diced Cucumber Slices                              |
| <b>Breakfast</b> | 23<br>Chef's Choice Day   | 24<br>WG Toasted Oats Cereal, 1/2 Banana, 1% Milk - Whole Milk                                      | 25<br>WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk   | 26<br>WG French Toast Sticks, Diced Peas, 1% Milk - Whole Milk                                       | 27<br>WG Scooter's Cereal, 1/2 Banana, 1% Milk, Whole Milk                               |
| <b>Lunch</b>     | 23<br>Chef's Choice Day   | 24<br>WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Peas, 1% Milk, Whole Milk           | 25<br>Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk | 26<br>Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk - Whole Milk                 | 27<br>WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk              |
| <b>PM Snack</b>  | 23<br>Chef's Choice Day   | 24<br>WG Cheez Itz, Yogurt, Water   | 25<br>WG Graham Crackers, Applesauce, Water  | 26<br>Diced Mandarin Oranges, Animal Crackers, Water   | 27<br>Townhouse Crackers, American Cheese Slice, Water                                   |

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz)    Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz)    Canned fruit are in natural juices.