



March Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
Breakfast	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk - Whole Milk	WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk	WG Cereal, Diced Pears, 1% Milk, Whole Milk
Lunch	Mac N Cheese bites, mandarin oranges, peas	Turkey Tacos on a WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk - Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	Motzerella Stick, Fruit, Water	Vanilla Wafers, Strawberry Yogurt, Water - Banana Snack Puffs	Cucumber Slices, Hummus, Water - Diced Cucumber	Diced Mandarin Oranges, Animal Crackers, Water	Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce
	9	10	11	12	13
Breakfast	WG Waffle, Mixed Berries, 1% Milk - Whole Milk	WG Cereal, Strawberry Slices, 1% Milk - Whole Milk	Diced Mangoes, Yogurt, 1% Milk, Whole Milk	WG Muffin, Blueberries, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk
Lunch	WG Cheese Pierogies, Mixed Veggies. Tropical Fruit, 1% Milk, Whole Milk	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Veg Griller), Diced Carrots, Diced Pears, 1% Milk, Whole Milk, Cheese on WG Bread	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Broccoli, 1% Milk, Whole Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% milk - Whole Milk
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	WG Pita, Hummus, Water
	16	17	18	19	20
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, Berry Mix, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, Diced Peaches, 1% Milk, Whole Milk	WG Cereal, 1/2 Banana, 1% Milk - Whole Milk
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk, Whole Milk	Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk - Whole Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% milk - Whole Milk	Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Cucumber Slices w/Ranch, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices
	23	24	25	26	27
Breakfast	WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk	WG Toasted Oats Cereal, 1/2 Banana, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk	WG French Toast Sticks, Diced Pears, 1% Milk - Whole Milk	WG Scooters Cereal, 1/2 Banana, 1% Milk, Whole Milk
Lunch	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk	WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Pears, 1% Milk, Whole Milk	Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk - Whole Milk	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk
PM Snack	Diced Mandarin Oranges, Animal Crackers, Water	WG Cheez Itz, Yogurt, Water	WG Graham Crackers, Applesauce, Water	Diced Mandarin Oranges, Animal Crackers, Water	Townhouse Crackers, American Cheese Slice, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.