



April Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30-Mar	31-Mar	1	2	3
AM Snack	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk	WG French Toast Sticks, 1/2 Banana, 1% Milk	WG Cereal, Diced Pears, 1% Milk
Lunch	Chef's Choice Day	Turkey or Beef Tacos on a WG Tortilla, Diced Pears, Green Beans, 1% Milk	WG Chicken Nuggets, Tropical Fruit, Sweet Peas, 1% Milk	Cheeseburger on WG Bun, Potato Coins, Diced Peaches, 1% Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk
PM Snack	Chef's Choice Day	Strawberry Yogurt, Water	Cucumber Slices, Hummus, Water	Diced Mandarin Oranges, Animal Crackers, Water	WG Wheat Thins, Mozz String Cheese, Water -
	6	7	8	9	10
AM Snack	WG Waffle, Mixed Berries, 1% Milk	WG Cereal, Strawberry Slices, 1% Milk	Diced Mangoes, Yogurt, 1% Milk	WG Muffin, Blueberries, 1% Milk	Chef's Choice Day
Lunch	WG Cheese Pierogies, Mixed Veggies, Tropical Fruit, 1% Milk	Chicken & Rice Bowl, Diced Peaches, Corn, 1% Milk	WG Chicken Patty, Diced Carrots, Diced Peas, 1% Milk	Turkey Burger on WG Bun, Pineapple Tidbits, Broccoli, 1% Milk	Chef's Choice Day
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	Chef's Choice Day
	13	14	15	16	17
AM Snack	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk	WG Waffle, Berry Mix, 1% Milk	WG Cereal Oatmeal Bar, 1% Milk	Yogurt, Diced Peaches, 1% Milk	WG Cereal, 1/2 Banana, 1% Milk
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk	Taco Bowl - Beef/Turkey, Rice, Corn, Pineapple Tidbits, 1% Milk	Diced Chicken Parm, WG Pasta, Applesauce, Green Beans, 1% Milk	Turkey & Cheese on WG Bread, Mixed Veggies, Fruit Cocktail, 1% Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Champ Bites, Mandarin Oranges, Water	Vanilla Wafers, Strawberry Yogurt, Water	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water -	Cucumber Slices, Tzatziki Dip, Water -
	20	21	22	23	24
AM Snack	Chef's Choice Day	WG Toasted Oats Cereal, 1/2 Banana, 1% Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk	WG French Toast Sticks, Diced Pears, 1% Milk	WG Scooters Cereal, 1/2 Banana, 1% Milk
Lunch	Chef's Choice Day	WG Tortilla Chicken Quesadillas, Broccoli, Diced Pears, 1% Milk	Diced Chicken & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk	Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk
PM Snack	Chef's Choice Day	WG Cheez Itz, Yogurt, Water	WG Graham Crackers, Applesauce, Water	Diced Mandarin Oranges, Animal Crackers, Water	Townhouse Crackers, American Cheese Slice, Water
	27	28	29	30	1-May
AM Snack	WG Cereal, Strawberry Slices, 1% Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk	WG Cereal, Diced Pears, 1% Milk	WG Waffle, Mixed Berries, 1% Milk	Chef's Choice Day
Lunch	Chicken & Rice Bowl, Diced Peaches, Corn, 1% Milk	WG Chicken Nuggets, Tropical Fruit, Sweet Peas, 1% Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk	WG Cheese Pierogies, Mixed Veggies, Tropical Fruit, 1% Milk	Chef's Choice Day
PM Snack	Fresh Apple Slices, Sunbutter, Water Wheat Thins, Applesauce	Vanilla Wafers, Strawberry Yogurt, Water	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Graham Crackers, Applesauce, Water	Chef's Choice Day

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.