Fairfax Food Service — May 2026 — Chesterbrook

LK Lunch Menu - Top 9 Allergen Free

Monday, April 27, 2026	Tuesday, April 28, 2026	Wednesday, April 29, 2026	Thursday, April 30, 2026	Friday, May 1, 2026
				Jimmy Dean Chicken Sausage Patty, 1ea
				Chef's Line GF Bread, 1sl
				Diced Potatoes, 2oz
				Ketchup, 1oz
				Orange Wedges, 4ea
				TODS & TWOS
				Carrot Coins, 2oz
				Mandarin Oranges, 2oz
				VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, May 4, 2026	**Tuesday, May 5, 2026**	**Wednesday, May 6, 2026**	**Thursday, May 7, 2026**	**Friday, May 8, 2026**
GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz	**Cookout Beef Burger, 1ea**	**Fresh Plain Chicken, 3oz**	**Brown Sugar Cinnamon Oatmeal, 2oz**	**Turkey Sandwich, 1/2ea**
Chef's Line GF Bread, 1sl	**Chef's Line GF Bread, 1sl**	**Plain WG Brown Rice, 2oz**	Jimmy Dean Chicken Sausage Patty, 1ea	****Turkey Breast, 1 1/2oz**
Carrot Coins, 2oz	Ketchup, 1oz	**Ketchup, 1pkt**	Syrup, 1oz	**Chef's Line GF Bread, 1sl****
Fruit Cocktail, 2oz	Sweet Yellow Corn, 2oz	Steamed Green Beans, 2oz	Baby Carrots, 2oz	Carrots, Green Beans, Zucchini, Squash, 2oz
	Red Delicious Apple, 3oz	Banana, 1/2ea	Orange Wedges, 4ea	Diced Pear, 2oz
TODS & TWOS	***TODS & TWOS***		***TODS & TWOS***	
Diced Peaches, 2oz	Steamed Green Beans, 2oz		Carrot Coins, 2oz	
	Applesauce, 2oz		Mandarin Oranges, 2oz	
VEG: Red Beans & Plain WG Brown Rice, 6oz	**VEG:** Southern 3-Bean Salad, 3oz	**VEG: Refried Beans, 3oz**	**VEG: Chickpeas, 3oz**	**VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz**
Monday, May 11, 2026	**Tuesday, May 12, 2026**	**Wednesday, May 13, 2026**	**Thursday, May 14, 2026**	**Friday, May 15, 2026**
Turkey Nacho Fiesta, 3oz	**Quinoa, Chickpea and Roasted Vegetable Salad, 4oz**	**NAE GF Chicken Tender Strips, 3ea**	**Cookout Beef Burger, 1ea**	**Vegan Black Bean Chili, 4oz**
GF Corn Tortilla Chips, 2oz	Steamed Green Beans, 2oz	**Mashed Potatoes, 2oz**	**Chef's Line GF Bread, 1sl**	**Chef's Line GF Bread, 1sl**
Mild Salsa, 1oz	Banana, 1/2ea	Ketchup, 1oz	**Ketchup, 1pkt**	Sweet Yellow Corn, 2oz
Baby Carrots, 2oz		Sweet Tender Peas, 2oz	Spinach, 4oz	Diced Peaches, 2oz
Pineapple Tidbits, 2oz		Orange Wedges, 4ea	Gala Apple, 3oz	
TODS & TWOS				
Plain WG Brown Rice, 2oz		***TODS & TWOS***	***TODS & TWOS***	***TODS & TWOS***
Sweet Tender Peas, 2oz		Mandarin Oranges, 2oz	Steamed Green Beans, 2oz	Carrot Coins, 2oz
Diced Peaches, 2oz			Applesauce, 2oz	
VEG: Black Beans, 3oz		**VEG: Red Beans & Plain WG Brown Rice, 6oz**	**VEG:** Southern 3-Bean Salad, 3oz	
Monday, May 18, 2026	**Tuesday, May 19, 2026**	**Wednesday, May 20, 2026**	**Thursday, May 21, 2026**	**Friday, May 22, 2026**
Fresh Plain Chicken, 3oz	**Rotisserie Chicken Sandwich, 1/2ea**	NAE GF Chicken Tender Strips, 3ea	**GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz**	**Fresh Plain Chicken, 3oz**
Plain WG Brown Rice, 2oz	****Boar's Head Rotisserie Chicken Breast, 1oz**	Ketchup, 1oz	**Chef's Line GF Bread, 1sl**	Ketchup, 1oz
Ketchup, 1oz	**Chef's Line GF Bread, 1sl****	Plain WG Brown Rice, 2oz	Steamed Green Beans, 2oz	Plain WG Brown Rice, 2oz
Steamed Green Beans, 2oz	Mashed Potatoes, 2oz	Baby Carrots, 2oz	Banana, 1/2ea	Carrots, Green Beans, Zucchini, Squash, 2oz
Fruit Cocktail, 2oz	Red Delicious Apple, 3oz	Orange Wedges, 4ea		Pineapple Tidbits, 2oz
TODS & TWOS	***TODS & TWOS***	***TODS & TWOS***		***TODS & TWOS***
Diced Pears, 2oz	Applesauce, 2oz	Carrot Coins, 2oz		Mandarin Oranges, 2oz
		Mandarin Oranges, 2oz		
VEG: Red Beans & Plain WG Brown Rice, 6oz	**VEG:** Vegan Black Bean Chili, 4oz & **Chef's Line GF Bread, 1ea**	**VEG:** Refried Beans, 3oz	**VEG: Southern 3-Bean Salad, 3oz**	**VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz**
Monday, May 25, 2026	**Tuesday, May 26, 2026**	**Wednesday, May 27, 2026**	**Thursday, May 28, 2026**	**Friday, May 29, 2026**
	NAE GF Chicken Tender Strips, 3ea	Turkey Nacho Fiesta, 3oz	**Red Beans & Plain WG Brown Rice, 6oz**	Jimmy Dean Chicken Sausage Patty, 1ea
	Plain WG Brown Rice, 2oz	GF Corn Tortilla Chips, 2oz	Steamed Green Beans, 2oz	**Chef's Line GF Bread, 1sl**
	Ketchup, 1oz	Mild Salsa, 1oz	Golden Delicious Apple, 3oz	Diced Potatoes, 2oz
	Baby Carrots, 2oz	Sweet Yellow Corn, 2oz		Ketchup, 1oz
	Applesauce, 2oz	Diced Pears, 2oz		Orange Wedges, 4ea
FFS CLOSED				
	TODS & TWOS	***TODS & TWOS***	***TODS & TWOS***	***TODS & TWOS***
	Carrot Coins, 2oz	Plain WG Brown Rice, 2oz	Applesauce, 2oz	Carrot Coins, 2oz
		Peas, Carrots, Green Beans, 2oz		Mandarin Oranges, 2oz
	VEG: Southern 3-Bean Salad, 3oz & **Chef's Line GF Bread, 1sl**	**VEG: Refried Beans, 3oz**		**VEG:** Quinoa, Chickpea and Roasted Vegetable Salad, 4oz

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent.
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.

TOP 9 ALLERGENS:
(Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts)
****GF** = Gluten Free**

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

Nutrislice Link:
https://ffschildcarecenters.nutrislice.com/

FFS Website:
Daycare & School Lunches, Snacks in NOVA | Fairfax Food Service

Ounces are based off spoodle serving size, not weight.

Due to quality and demand, items may be subject to change.