Fairfax Food Service — May 2026 — Chesterbrook LK Lunch Menu

Monday, April 27, 2026	Tuesday, April 28, 2026	Wednesday, April 29, 2026	Thursday, April 30, 2026	Friday, May 1, 2026
				Jimmy Dean Chicken Sausage Patty, 1ea Cheddar Cheese, 1sl English Muffin, 1ea Diced Potatoes, 2oz Ketchup, 1oz Orange Wedges, 4ea ***TODS & TWOS*** Carrot Coins, 2oz Mandarin Oranges, 2oz **VEG:** Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, May 4, 2026	**Tuesday, May 5, 2026**	**Wednesday, May 6, 2026**	**Thursday, May 7, 2026**	**Friday, May 8, 2026**
WG Penne Pasta w/ Turkey & Lentil Marinara, 4oz Wheat Dinner Roll, 1ea Carrot Coins, 2oz Fruit Cocktail, 2oz ***TODS & TWOS*** Diced Peaches, 2oz **VEG:** Red Beans & Plain WG Brown Rice, 6oz	**Lean Beef Hamburger, 1ea** WG White Wheat Hamburger Bun, 1ea Cheddar Cheese, 1sl Ketchup, 1oz Sweet Yellow Corn, 2oz Red Delicious Apple, 3oz ***TODS & TWOS*** Steamed Green Beans, 2oz Applesauce, 2oz **VEG:** Southern 3-Bean Salad, 3oz, w/ Wheat Dinner Roll, 1ea	**Capitan Cold Sub, 1/2ea** Turkey Breast, 1oz Boar's Head Rotisserie Chicken Breast, 1oz Provolone Cheese, 1sl Shredded Lettuce, 2oz Sub Roll, 1/2ea Peach Cup, 1ea ***TODS & TWOS*** Honey Graham Crackers, 1pkt (Lettuce) Spoon/Napkin **VEG:** Cheddar & Provolone Sub, 1/2ea	**WG Buttermilk Pancake, 1ea** Jimmy Dean Chicken Sausage Patty, 1ea Syrup, 1oz Baby Carrots, 2oz Ranch, 1oz Orange Wedges, 4ea ***TODS & TWOS*** Carrot Coins, 2oz Mandarin Oranges, 2oz **VEG:** MorningStar Vegetarian Sausage Patty, 1ea	**Meatless Baked Ziti, 4oz** **WG Pasta, Marinara, 3 Cheese, Soy** Wheat Dinner Roll, 1ea Carrots, Green Beans, Zucchini, Squash, 2oz Diced Pears, 2oz
Monday, May 11, 2026	**Tuesday, May 12, 2026**	**Wednesday, May 13, 2026**	**Thursday, May 14, 2026**	**Friday, May 15, 2026**
Sunbutter & Strawberry Jelly Crustless Sandwich, 1ea Mozzarella Cheese Stick, 1ea Baby Carrots, 2oz Ranch, 1oz Pineapple Tidbits, 2oz ***TODS & TWOS*** Sweet Tender Peas, 2oz Diced Peaches, 2oz	**Pizza Pasta Bake, 4oz** **WG Pasta/Marinara/Beef Crumbles Chicken & Beef Pepperoni/Tomato Sauce** Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea **VEG:** Vegetarian Pizza Pasta Bake, 4oz	**NAE WG Chicken Nuggets, 3ea** Macaroni & Cheese, 4oz Ketchup, 1oz Sweet Tender Peas, 2oz Orange Wedges, 4ea ***TODS & TWOS*** Mandarin Oranges, 2oz **VEG:** MorningStar Vegan Nuggets, 3ea	**Cheeseburger Meatloaf, 1ea** Wheat Dinner Roll, 1ea Spinach, 4oz Ranch, 1oz Gala Apple, 3oz ***TODS & TWOS*** Steamed Green Beans, 2oz Applesauce, 2oz **VEG:** Southern 3-Bean Salad, 3oz	**Pizza Day!** Cheese Pizza, 1sl Sweet Yellow Corn, 2oz Diced Peaches, 2oz ***TODS & TWOS*** Carrot Coins, 2oz
Monday, May 18, 2026	**Tuesday, May 19, 2026**	**Wednesday, May 20, 2026**	**Thursday, May 21, 2026**	**Friday, May 22, 2026**
Grilled Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Steamed Green Beans, 2oz Fruit Cocktail, 2oz ***TODS & TWOS*** Diced Pears, 2oz **VEG:** Red Beans & Plain WG Brown Rice, 6oz	**Salisbury Steak & Gravy, 1ea** Mashed Potatoes, 2oz Wheat Dinner Roll, 1ea Red Delicious Apple, 3oz ***TODS & TWOS*** Applesauce, 2oz **VEG:** Vegan Black Bean Chili, 4oz	**NAE GF Chicken Tender Strips, 3ea** Ketchup, 1oz Plain WG Brown Rice, 2oz Baby Carrots, 2oz Ranch, 1oz Orange Wedges, 4ea ***TODS & TWOS*** Carrot Coins, 2oz Mandarin Oranges, 2oz **VEG:** Refried Beans, 3oz w/ Shredded Cheddar, 1/2oz	**WW Spaghetti w/ Beef & Lentil Marinara, 4oz** Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea **VEG:** Southern 3-Bean Salad, 3oz	**Boneless Chicken Wing Dings, 4ea** Ketchup, 1oz Plain WG Brown Rice, 2oz Carrots, Green Beans, Zucchini, Squash, 2oz Pineapple Tidbits, 2oz ***TODS & TWOS*** Mandarin Oranges, 2oz **VEG:** MorningStar Vegan Nuggets, 3ea
Monday, May 25, 2026	**Tuesday, May 26, 2026**	**Wednesday, May 27, 2026**	**Thursday, May 28, 2026**	**Friday, May 29, 2026**
FFS CLOSED	**Oven Baked Chicken Patty, 1ea** WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Baby Carrots, 2oz Ranch, 1oz ***TODS & TWOS*** Carrot Coins, 2oz **VEG:** Southern 3-Bean Salad, 3oz, w/ Wheat Dinner Roll, 1ea	**Turkey Nacho Fiesta, 3oz** GF Corn Tortilla Chips, 2oz Shredded Cheddar, 1/2oz Mild Salsa, 1oz Sweet Yellow Corn, 2oz Diced Pears, 2oz ***TODS & TWOS*** Plain WG Brown Rice, 2oz Peas, Carrots, Green Beans, 2oz **VEG:** Meatless Nacho Fiesta, 3oz	**Rotisserie Chicken Sandwich, 1ea** Boar's Head Rotisserie Chicken, 1oz Cheddar Cheese, 1sl 100% WW Bread, 2sl Applesauce Cup, 1ea Green Bell Pepper Slices, 4sl Sm Ranch pkt, 1ea ***TODS & TWOS*** Pear Cup, 1ea (Green Pepper Slices) Spoon/Napkin **VEG:** Provolone & Cheddar on 100% WW Bread, 1ea	**Jimmy Dean Chicken Sausage Patty, 1ea** Cheddar Cheese, 1sl English Muffin, 1ea Diced Potatoes, 2oz Ketchup, 1oz Orange Wedges, 4ea ***TODS & TWOS*** Carrot Coins, 2oz Mandarin Oranges, 2oz **VEG:** Quinoa, Chickpea and Roasted Vegetable Salad, 4oz

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent.
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.

****GF** = Gluten Free**
****WG** = Whole Grain**
****WW** = Whole Wheat**

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

Nutrislice Link:
https://ffschildcarecenters.nutrislice.com/

FFS Website:
Daycare & School Lunches, Snacks in NOVA | Fairfax Food Service

Ounces are based off spoodle serving size, not weight.

Due to quality and demand, items may be subject to change.