Fairfax Food Service | **June 2026** | **Chesterbrook**

LK Lunch Menu - Top 9 Allergen Free

Monday, June 1, 2026	Tuesday, June 2, 2026	Wednesday, June 3, 2026	Thursday, June 4, 2026	Friday, June 5, 2026
GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz	Cookout Beef Burger, 1ea	Fresh Plain Chicken, 3oz	Brown Sugar Cinnamon Oatmeal, 2oz	Roasted Turkey Breast Sandwich, 1/2ea
Chef's Line GF Bread, 1sl	Chef's Line GF Bread, 1sl	Plain WG Brown Rice, 2oz	Jimmy Dean Chicken Sausage Patty, 1ea	**Turkey Breast, 1 1/2oz**
Carrot Coins, 2oz	Ketchup, 1oz	Ketchup, 1pkt	Syrup, 1oz	**Chef's Line GF Bread, 1sl**
Fruit Cocktail, 2oz	Sweet Yellow Corn, 2oz	Steamed Green Beans, 2oz	Baby Carrots, 2oz	Carrots, Green Beans, Zucchini, Squash, 2oz
	Red Delicious Apple, 3oz	Banana, 1/2ea	Orange Wedges, 4ea	Diced Pear, 2oz
TODS & TWOS	***TODS & TWOS***		***TODS & TWOS***	
Diced Peaches, 2oz	Steamed Green Beans, 2oz		Carrot Coins, 2oz	
	Applesauce, 2oz		Mandarin Oranges, 2oz	
VEG: Red Beans & Plain WG Brown Rice, 6oz	**VEG:** Southern 3-Bean Salad, 3oz	VEG: Refried Beans, 3oz	VEG: Chickpeas, 3oz	VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, June 8, 2026	**Tuesday, June 9, 2026**	**Wednesday, June 10, 2026**	**Thursday, June 11, 2026**	**Friday, June 12, 2026**
Turkey Nacho Fiesta, 3oz	Quinoa, Chickpea and Roasted Vegetable Salad, 4oz	NAE GF Chicken Tender Strips, 3ea	Cookout Beef Burger, 1ea	Vegan Black Bean Chili, 4oz
GF Corn Tortilla Chips, 2oz	Steamed Green Beans, 2oz	Mashed Potatoes, 2oz	Chef's Line GF Bread, 1sl	Chef's Line GF Bread, 1sl
Mild Salsa, 1oz	Banana, 1/2ea	Ketchup, 1oz	Ketchup, 1pkt	Sweet Yellow Corn, 2oz
Baby Carrots, 2oz		Sweet Tender Peas, 2oz	Spinach, 4oz	Diced Peaches, 2oz
Pineapple Tidbits, 2oz		*New!* Honeydew, 1sl	Gala Apple, 3oz	
TODS & TWOS			***TODS & TWOS***	***TODS & TWOS***
Plain WG Brown Rice, 2oz			Steamed Green Beans, 2oz	Carrot Coins, 2oz
Sweet Tender Peas, 2oz			Applesauce, 2oz	
Diced Peaches, 2oz			**VEG:** Southern 3-Bean Salad, 3oz	
VEG: Black Beans, 3oz		VEG: Red Beans & Plain WG Brown Rice, 6oz		
Monday, June 15, 2026	**Tuesday, June 16, 2026**	**Wednesday, June 17, 2026**	**Thursday, June 18, 2026**	**Friday, June 19, 2026**
Fresh Plain Chicken, 3oz	Rotisserie Chicken Sandwich, 1/2ea	NAE GF Chicken Tender Strips, 3ea	GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz	
Plain WG Brown Rice, 2oz	Boar's Head Rotisserie Chicken Breast, 1oz	Ketchup, 1oz	Chef's Line GF Bread, 1sl	
Ketchup, 1oz	Chef's Line GF Bread, 1sl	Plain WG Brown Rice, 2oz	Steamed Green Beans, 2oz	
Steamed Green Beans, 2oz	Mashed Potatoes, 2oz	Baby Carrots, 2oz	Banana, 1/2ea	
Fruit Cocktail, 2oz	Red Delicious Apple, 3oz	*New!* Canatloupe, 1sl		**FFS CLOSED**
TODS & TWOS	***TODS & TWOS***	***TODS & TWOS***		
Diced Pears, 2oz	Applesauce, 2oz	Carrot Coins, 2oz		
VEG: Red Beans & Plain WG Brown Rice, 6oz	VEG: Vegan Black Bean Chili, 4oz & Chef's Line GF Bread, 1ea	**VEG:** Refried Beans, 3oz	VEG: Southern 3-Bean Salad, 3oz	
Monday, June 22, 2026	**Tuesday, June 23, 2026**	**Wednesday, June 24, 2026**	**Thursday, June 25, 2026**	**Friday, June 26, 2026**
NAE GF Chicken Tender Strips, 3ea	NAE GF Chicken Tender Strips, 3ea	Turkey Nacho Fiesta, 3oz	Red Beans & Plain WG Brown Rice, 6oz	Jimmy Dean Chicken Sausage Patty, 1ea
Plain WG Brown Rice, 2oz	BBQ Sauce, 1oz	GF Corn Tortilla Chips, 2oz	Steamed Green Beans, 2oz	Chef's Line GF Bread, 1sl
Ketchup, 1oz	Mashed Potatoes, 2oz	Mild Salsa, 1oz	Golden Delicious Apple, 3oz	Diced Potatoes, 2oz
Baby Carrots, 2oz	Sweet Tender Peas, 2oz	Sweet Yellow Corn, 2oz		Ketchup, 1oz
Applesauce, 2oz	Banana, 1/2ea	Diced Pears, 2oz		*New!* Watermelon, 1sl
TODS & TWOS		***TODS & TWOS***	***TODS & TWOS***	***TODS & TWOS***
Carrot Coins, 2oz		Plain WG Brown Rice, 2oz	Applesauce, 2oz	Carrot Coins, 2oz
		Peas, Carrots, Green Beans, 2oz		
VEG: Southern 3-Bean Salad, 3oz & Chef's Line GF Bread, 1sl	VEG: Vegan Black Bean Chili, 4oz & Fritos, 1pkt TODS & TWOS: Plain WG Brown Rice, 2oz	VEG: Refried Beans, 3oz		**VEG:** Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, June 29, 2026	**Tuesday, June 30, 2026**	**Wednesday, July 1, 2026**	**Thursday, July 2, 2026**	**Friday, July 3, 2026**
GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz	Cookout Beef Burger, 1ea			
Chef's Line GF Bread, 1sl	Chef's Line GF Bread, 1sl			
Carrot Coins, 2oz	Ketchup, 1oz			
Fruit Cocktail, 2oz	Sweet Yellow Corn, 2oz			
	Red Delicious Apple, 3oz			
TODS & TWOS	***TODS & TWOS***			
Diced Peaches, 2oz	Steamed Green Beans, 2oz			
	Applesauce, 2oz			
VEG: Red Beans & Plain WG Brown Rice, 6oz	**VEG:** Southern 3-Bean Salad, 3oz			

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent.
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.

TOP 9 ALLERGENS:
(Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts)
****GF** = Gluten Free**

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

Nutrislice Link:
https://ffschildcarecenters.nutrislice.com/

FFS Website:
Daycare & School Lunches, Snacks in NOVA | Fairfax Food Service

Ounces are based off spoodle serving size, not weight.

Due to quality and demand, items may be subject to change.