



# May Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Beginner Alternative

	4	5	6	7	8
AM Snack	<b>Chef's Choice Day</b>	WG Mini Bagel, Cream Cheese, 1% Milk	WG Cereal Oatmeal Bar 1% Milk	WG French Toast Sticks 1% Milk	WG Cereal 1% Milk
Lunch	<b>Chef's Choice Day</b>	Turkey Tacos on a WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk
PM Snack	<b>Chef's Choice Day</b>	Graham Crackers, Water	Cucumber Slices, Hummus, Water	Animal Crackers, Water	Wheat Thin Crackers Water
	11	12	13	14	15
AM Snack	WG Waffle 1% Milk	WG Cereal 1% Milk	Yogurt, 1% Milk	WG Muffin 1% Milk	<b>Chef's Choice Day</b>
Lunch	WG Cheese Pierogies, Mixed Veggies. Tropical Fruit, 1% Milk	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk	WG Chicken Patty (Veg Griller), Diced Carrots, Diced Peas, 1% Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Broccoli, 1% Milk	<b>Chef's Choice Day</b>
PM Snack	WG Graham Crackers, Water	Fresh Apple Slices, Sunbutter, Water - Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Water	<b>Chef's Choice Day</b>
	18	19	20	21	22
AM Snack	WG Apple Cinnamon Loaf, 1% Milk,	WG Waffle 1% Milk	WG Cereal Oatmeal Bar, 1% Milk	Yogurt 1% Milk	WG Cereal 1% Milk
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk	Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% Milk	Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk
PM Snack	WG Champ Bites Water	Cucumber Slices w/Ranch, Water, Diced Cucumbers	WG Pita, Hummus, Water	Fresh Apple Slices, Sunbutter, Water - Applesauce	Animal Crackers Water
	25	26	27	28	29
AM Snack		WG Toasted Oats Cereal 1% Milk	WG Oatmeal Cereal Bar 1% Milk	WG French Toast Sticks 1% Milk	WG Scooters Cereal 1% Milk
Lunch	<b>NO SCHOOL - Memorial Day</b>	WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Peas, 1% Milk,	Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk	Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk
PM Snack		WG Cheez Itz Water	WG Graham Crackers, Water	Animal Crackers Water	Townhouse Crackers, American Cheese Slice, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.