

Fairfax Food Service

July 2026

Chesterbrook
LK Lunch Menu - Top 9 Allergen Free

Monday, June 29, 2026	Tuesday, June 30, 2026	Wednesday, July 1, 2026	Thursday, July 2, 2026	Friday, July 3, 2026
		Fresh Plain Chicken, 3oz Plain WG Brown Rice, 2oz Ketchup, 1pkt Steamed Green Beans, 2oz Banana, 1/2ea	Brown Sugar Cinnamon Oatmeal, 2oz Jimmy Dean Chicken Sausage Patty, 1ea Syrup, 1oz Baby Carrots, 2oz Orange Wedges, 4ea	FFS CLOSED
			TODS & TWOS Carrot Coins, 2oz Mandarin Oranges, 2oz VEG: Chickpeas, 3oz	
		VEG: Refried Beans, 3oz		
Monday, July 6, 2026 Turkey Nacho Fiesta, 3oz GF Corn Tortilla Chips, 2oz Mild Salsa, 1oz Baby Carrots, 2oz Pineapple Tidbits, 2oz	Tuesday, July 7, 2026 Quinoa, Chickpea and Roasted Vegetable Salad, 4oz Steamed Green Beans, 2oz Banana, 1/2ea	Wednesday, July 8, 2026 NAE GF Chicken Tender Strips, 3ea Mashed Potatoes, 2oz Ketchup, 1oz Sweet Tender Peas, 2oz Honeydew, 1sl	Thursday, July 9, 2026 Cookout Beef Burger, 1ea Chef's Line GF Bread, 1sl Ketchup, 1pkt Spinach, 4oz Gala Apple, 3oz	Friday, July 10, 2026 Vegan Black Bean Chili, 4oz Chef's Line GF Bread, 1sl Sweet Yellow Corn, 2oz Diced Peaches, 2oz
TODS & TWOS Plain WG Brown Rice, 2oz Sweet Tender Peas, 2oz Diced Peaches, 2oz VEG: Black Beans, 3oz			TODS & TWOS Steamed Green Beans, 2oz Applesauce, 2oz VEG: Southern 3-Bean Salad, 3oz	TODS & TWOS Carrot Coins, 2oz
Monday, July 13, 2026 Fresh Plain Chicken, 3oz Plain WG Brown Rice, 2oz Ketchup, 1oz Steamed Green Beans, 2oz Fruit Cocktail, 2oz	Tuesday, July 14, 2026 Rotisserie Chicken Sandwich, 1/2ea **Boar's Head Rotisserie Chicken Breast, 1oz** **Chef's Line GF Bread, 1sl** Mashed Potatoes, 2oz Red Delicious Apple, 3oz	Wednesday, July 15, 2026 NAE GF Chicken Tender Strips, 3ea Ketchup, 1oz Plain WG Brown Rice, 2oz Baby Carrots, 2oz Cantaloupe, 1sl	Thursday, July 16, 2026 GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz Chef's Line GF Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea	Friday, July 17, 2026 Fresh Plain Chicken, 3oz Ketchup, 1oz Plain WG Brown Rice, 2oz Carrots, Green Beans, Zucchini, Squash, 2oz Pineapple Tidbits, 2oz
TODS & TWOS Diced Pears, 2oz	TODS & TWOS Applesauce, 2oz	TODS & TWOS Carrot Coins, 2oz		TODS & TWOS Mandarin Oranges, 2oz
VEG: Red Beans & Plain WG Brown Rice, 6oz	VEG: Vegan Black Bean Chili, 4oz & Chef's Line GF Bread, 1ea	VEG: Refried Beans, 3oz	VEG: Southern 3-Bean Salad, 3oz	VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, July 20, 2026 NAE GF Chicken Tender Strips, 3ea Plain WG Brown Rice, 2oz Ketchup, 1oz Baby Carrots, 2oz Applesauce, 2oz	Tuesday, July 21, 2026 NAE GF Chicken Tender Strips, 3ea BBQ Sauce, 1oz Mashed Potatoes, 2oz Sweet Tender Peas, 2oz Banana, 1/2ea	Wednesday, July 22, 2026 Turkey Nacho Fiesta, 3oz GF Corn Tortilla Chips, 2oz Mild Salsa, 1oz Sweet Yellow Corn, 2oz Diced Pears, 2oz	Thursday, July 23, 2026 Red Beans & Plain WG Brown Rice, 6oz Steamed Green Beans, 2oz Golden Delicious Apple, 3oz	Friday, July 24, 2026 Jimmy Dean Chicken Sausage Patty, 1ea Chef's Line GF Bread, 1sl Diced Potatoes, 2oz Ketchup, 1oz Watermelon, 1sl
TODS & TWOS Carrot Coins, 2oz		TODS & TWOS Plain WG Brown Rice, 2oz Peas, Carrots, Green Beans, 2oz	TODS & TWOS Applesauce, 2oz	TODS & TWOS Carrot Coins, 2oz
VEG: Southern 3-Bean Salad, 3oz & Chef's Line GF Bread, 1sl	VEG: Vegan Black Bean Chili, 4oz & Fritos, 1pkt TODS & TWOS: Plain WG Brown Rice, 2oz	VEG: Refried Beans, 3oz		VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, July 27, 2026 GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz Chef's Line GF Bread, 1sl Carrot Coins, 2oz Fruit Cocktail, 2oz	Tuesday, July 28, 2026 Cookout Beef Burger, 1ea Chef's Line GF Bread, 1sl Ketchup, 1oz Sweet Yellow Corn, 2oz Red Delicious Apple, 3oz	Wednesday, July 29, 2026 Fresh Plain Chicken, 3oz Plain WG Brown Rice, 2oz Ketchup, 1pkt Steamed Green Beans, 2oz Banana, 1/2ea	Thursday, July 30, 2026 Brown Sugar Cinnamon Oatmeal, 2oz Jimmy Dean Chicken Sausage Patty, 1ea Syrup, 1oz Baby Carrots, 2oz Orange Wedges, 4ea	Friday, July 31, 2026 Roasted Turkey Breast Sandwich, 1/2ea **Turkey Breast, 1 1/2oz** **Chef's Line GF Bread, 1sl** Carrots, Green Beans, Zucchini, Squash, 2oz Diced Pears, 2oz
TODS & TWOS Diced Peaches, 2oz	TODS & TWOS Steamed Green Beans, 2oz Applesauce, 2oz		TODS & TWOS Carrot Coins, 2oz Mandarin Oranges, 2oz	
VEG: Red Beans & Plain WG Brown Rice, 6oz	VEG: Southern 3-Bean Salad, 3oz	VEG: Refried Beans, 3oz	VEG: Chickpeas, 3oz	VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Portions meet CACFP requirements: 3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent. 6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.			TOP 9 ALLERGENS: (Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts) **GF** = Gluten Free	Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.
Nutrislice Link: https://ffschildcarecenters.nutrislice.com/	FFS Website: Daycare & School Lunches, Snacks in NOVA Fairfax Food Service		Ounces are based off spoodle serving size, not weight.	Due to quality and demand, items may be subject to change.