

Fairfax Food Service

July 2026

Chesterbrook

LK Lunch Menu

Monday, June 29, 2026	Tuesday, June 30, 2026	Wednesday, July 1, 2026	Thursday, July 2, 2026	Friday, July 3, 2026
		Capitan Cold Sub, 1/2ea Turkey Breast, 1oz Boar's Head Rotisserie Chicken Breast, 1oz Provolone Cheese, 1sl Shredded Lettuce, 2oz Sub Roll, 1/2ea Peach Cup, 1ea TODS & TWOS Graham Crackers, 1pkt (Lettuce) Spoon/Napkin VEG: Cheddar & Provolone Sub, 1/2ea	WG Buttermilk Pancake, 1ea Jimmy Dean Chicken Sausage Patty, 1ea Syrup, 1oz Baby Carrots, 2oz Ranch, 1oz Orange Wedges, 4ea TODS & TWOS Carrot Coins, 2oz Mandarin Oranges, 2oz VEG: MorningStar Vegetarian Sausage Patty, 1ea	FFS CLOSED
Monday, July 6, 2026 SunButter & Strawberry Jelly Crustless Sandwich, 1ea Mozzarella Cheese Stick, 1ea Baby Carrots, 2oz Ranch, 1oz Pineapple Tidbits, 2oz TODS & TWOS Sweet Tender Peas, 2oz Diced Peaches, 2oz	Tuesday, July 7, 2026 Pizza Pasta Bake, 4oz **WG Pasta/Marinara/Beef Crumbles Chicken & Beef Pepperoni/Tomato Sauce** Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea VEG: Vegetarian Pizza Pasta Bake, 4oz	Wednesday, July 8, 2026 NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 4oz Ketchup, 1oz Sweet Tender Peas, 2oz Honeydew, 1sl VEG: MorningStar Vegan Nuggets, 3ea	Thursday, July 9, 2026 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Spinach, 4oz Ranch, 1oz Gala Apple, 3oz TODS & TWOS Steamed Green Beans, 2oz Applesauce, 2oz VEG: Southern 3-Bean Salad, 3oz	Friday, July 10, 2026 Pizza Day! Cheese Pizza, 1sl Sweet Yellow Corn, 2oz Diced Peaches, 2oz TODS & TWOS Carrot Coins, 2oz
Monday, July 13, 2026 Grilled Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Steamed Green Beans, 2oz Fruit Cocktail, 2oz TODS & TWOS Diced Pears, 2oz VEG: Red Beans & Plain WG Brown Rice, 6oz	Tuesday, July 14, 2026 Salisbury Steak & Gravy, 1ea Mashed Potatoes, 2oz Wheat Dinner Roll, 1ea Red Delicious Apple, 3oz TODS & TWOS Applesauce, 2oz VEG: Vegan Black Bean Chili, 4oz	Wednesday, July 15, 2026 NAE GF Chicken Tender Strips, 3ea Ketchup, 1oz Plain WG Brown Rice, 2oz Baby Carrots, 2oz Ranch, 1oz Cantaloupe, 1sl TODS & TWOS Carrot Coins, 2oz VEG: Refried Beans, 3oz w/ Shredded Cheddar, 1/2oz	Thursday, July 16, 2026 WW Spaghetti w/ Beef & Lentil Marinara, 4oz Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea VEG: Southern 3-Bean Salad, 3oz	Friday, July 17, 2026 Boneless Chicken Wing Dings, 4ea Ketchup, 1oz Plain WG Brown Rice, 2oz Carrots, Green Beans, Zucchini, Squash, 2oz Pineapple Tidbits, 2oz TODS & TWOS Mandarin Oranges, 2oz VEG: MorningStar Vegan Nuggets, 3ea
Monday, July 20, 2026 Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Baby Carrots, 2oz Ranch, 1oz Applesauce, 2oz TODS & TWOS Carrot Coins, 2oz VEG: Southern 3-Bean Salad, 3oz, w/ Wheat Dinner Roll, 1ea	Tuesday, July 21, 2026 Grilled Chicken Nuggets, 4ea BBQ Sauce, 1oz Mashed Potatoes, 2oz Sweet Tender Peas, 2oz Banana, 1/2ea VEG: MorningStar Vegan Nuggets, 3ea	Wednesday, July 22, 2026 Turkey Nacho Fiesta, 3oz GF Corn Tortilla Chips, 2oz Shredded Cheddar, 1/2oz Mild Salsa, 1oz Sweet Yellow Corn, 2oz Diced Pears, 2oz TODS & TWOS Plain WG Brown Rice, 2oz Peas, Carrots, Green Beans, 2oz VEG: Meatless Nacho Fiesta, 3oz	Thursday, July 23, 2026 Rotisserie Chicken Sandwich, 1ea Boar's Head Rotisserie Chicken Breast, 1oz Cheddar Cheese, 1sl 100% WW Bread, 2sl Applesauce Cup, 1ea Green Bell Pepper Slices, 4sl Sm Ranch pkt, 1ea TODS & TWOS Pear Cup, 1ea (Green Pepper Slices) Spoon/Napkin VEG: Provolone & Cheddar on 100% WW Bread, 1ea	Friday, July 24, 2026 Jimmy Dean Chicken Sausage Patty, 1ea Cheddar Cheese, 1sl English Muffin, 1ea Diced Potatoes, 2oz Ketchup, 1oz Watermelon, 1sl TODS & TWOS Carrot Coins, 2oz VEG: Quinoa, Chickpea and Roasted Vegetable Salad, 4oz
Monday, July 27, 2026 WG Penne Pasta w/ Turkey & Lentil Marinara, 4oz Wheat Dinner Roll, 1ea Carrot Coins, 2oz Fruit Cocktail, 2oz TODS & TWOS Diced Peaches, 2oz VEG: Red Beans & Plain WG Brown Rice, 6oz	Tuesday, July 28, 2026 Lean Beef Hamburger, 1ea WG White Wheat Hamburger Bun, 1ea Cheddar Cheese, 1sl Ketchup, 1oz Sweet Yellow Corn, 2oz Red Delicious Apple, 3oz TODS & TWOS Steamed Green Beans, 2oz Applesauce, 2oz VEG: Southern 3-Bean Salad, 3oz, w/ Wheat Dinner Roll, 1ea	Wednesday, July 29, 2026 Chicken Fajitas, 3oz Shredded Cheddar, 1/2oz WW 6" Tortilla, 1ea Steamed Green Beans, 2oz Banana, 1/2ea VEG: Chickenless Fajita Strips, 3oz	Thursday, July 30, 2026 WG Buttermilk Pancake, 1ea Jimmy Dean Chicken Sausage Patty, 1ea Syrup, 1oz Baby Carrots, 2oz Ranch, 1oz Orange Wedges, 4ea TODS & TWOS Carrot Coins, 2oz Mandarin Oranges, 2oz VEG: MorningStar Vegetarian Sausage Patty, 1ea	Friday, July 31, 2026 Meatless Baked Ziti, 4oz **WG Pasta, Marinara, 3 Cheese, Soy** Wheat Dinner Roll, 1ea Carrots, Green Beans, Zucchini, Squash, 2oz Diced Pears, 2oz
Portions meet CACFP requirements: 3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent. 6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.		**GF** = Gluten Free **WG** = Whole Grain **WW** = Whole Wheat		Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.
Nutrislice Link: https://ffschildcarecenters.nutrislice.com/	FES Website: Daycare & School Lunches, Snacks in NOVA Fairfax Food Service		Ounces are based off spoodle serving size, not weight.	
				Due to quality and demand, items may be subject to change.