



JULY



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

Meatless MONDAY

29-Jun

Taco TUESDAY

30-Jun

Chicken WEDNESDAY

1

Sammy THURSDAY

2

Fun FRIDAY

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Breakfast	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, Milk	1/2 Banana, 1% Milk - Whole Milk	SCHOOL CLOSED
Lunch	Chef's Choice Day	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Sweet Peas, Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk	SCHOOL CLOSED
PM Snack	Chef's Choice Day	Graham Crackers, Strawberry Yogurt, Water - Banana Snack Puffs	Cucumber Slices, Hummus, Water - Diced Cucumber	4th of July Ice Cream Party, Water -	SCHOOL CLOSED

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Breakfast	WG Cereal, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Loaf, 1% Milk - Whole Milk	WG Cereal, 1/2 Banana, 1% Milk - Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Chicken Taco, Diced Mango, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber	Watermelon Smoothie Bowl, Water

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Breakfast	Chef's Choice Day	WG French Toast Sticks, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	1/2 Orange, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk - Whole Milk	Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% milk - Whole Milk	Sloppy Joe Sammy (Vegan Griller), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears, Diced Mandarin Oranges, Water	WG Rice Cake, Sunbutter, Graham Cracker, Water	Fresh Apple Slices, Sunbutter, Water - WG Toasted Oats	Frozen Fruit Push Pop, Water, Bananana Snack Puffs

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Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk	WG Cereal, 1% Milk - Whole Milk	1/2 Orange, 1% Milk, Whole Milk	Strawberry slices, 1% Milk - Whole Milk	Chef's Choice Day
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk	BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk - Whole Milk	Chef's Choice Day
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	WG Soft Pretzel Rod, Applesauce, Water	Townhouse Crackers, American Cheese Slice, Water	Ice Cream Cup, Water, Diced Peaches

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Breakfast	1/2 Banana, 1% Milk - Whole Milk	WG Cereal, Strawberry Slices, 1% Milk - Whole Milk	Diced Mangoes, 1% Milk, Whole Milk	Chef's Choice Day	WG Cereal, 1/2 Banana, 1% Milk - Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Chicken Taco, Diced Mango, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	Chef's Choice Day	WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Chef's Choice Day	Frozen Fruit Push Up Pop, WG Graham Crackers, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.