



JULY MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items PURPLE = Infant/Toddler Alternative

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29-Jun	30-Jun	1	2	3
Breakfast	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk	Banana, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	SCHOOL CLOSED
Lunch	Chef's Choice Day	Turkey/Beef Tacos on WG Tortilla Diced Pears, 1% Milk - Whole Milk	Grilled Chicken Nuggets, Buttered Pasta, Sweet Peas, 1% Milk - Whole Milk	Cheeseburger on WG Bun, Diced Peaches, 1% Milk - Whole Milk	SCHOOL CLOSED
PM Snack	Chef's Choice Day	Graham Crackers, Water	WG Goldfish Water	Wheat Thin Crackers, Water - WG Toasted Oats & Applesauce	SCHOOL CLOSED
	6	7	8	9	10
Breakfast	WG Waffle, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Loaf, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk
Lunch	WG Pierogies, Sweet Peas, 1% Milk, Whole Milk	Chicken Taco, Applesauce, 1% Milk, Whole Milk	Grilled Chicken Patty, WG Bread Diced Carrots, 1% Milk, Whole Milk	Turkey Burger on WG Bun Pineapple Tidbits, 1% Milk, Whole Milk	WG Waffle, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	Strawberry Waffle Grahams, Water	Townhouse Crackers, American Cheese Slice, Water	WG Animal Crackers, Water	Watermelon Smoothie Bowl, Water
	13	14	15	16	17
Breakfast	Chef's Choice Day	Banana, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	WG Cereal 1% Milk, Whole Milk	WG Blueberry Loaf, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	WG Waffle "Taco" Turkey Sausage, Diced Peaches, 1% Milk - Whole Milk	Roasted Chicken WG Pasta Salad, Diced Carrots, 1% milk - Whole Milk	Sloppy Joe Sammy, Fruit Cocktail, 1% Milk - Whole Milk	MYO Pizza, Diced Carrots, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears, Water	WG Churro Crackers, Water	WG Oatmeal Cookies, Water	Frozen Fruit Push Pop, Water
	20	21	22	23	24
Breakfast	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Cereal, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1% Milk, Whole Milk	WG English Muffin, 1% Milk - Whole Milk	WG Cereal, 1% Milk, Whole Milk
Lunch	Cheese on WG Bread, Diced Peaches 1% Milk, Whole Milk	WG Beef/Turkey Tacos, Broccoli, 1% Milk, Whole Milk	BBQ Chicken on WG Slider Applesauce, 1% Milk, Whole Milk	Chicken Patty Sammy WG Bread, Corn, 1% Milk - Whole Milk	Lunchable - WG Flatbread Turk/Cheese Stacker, Pineapple, 1% Milk - Whole Milk
PM Snack	WG Cheez-Its, Water	WG Goldfish, Water	WG Soft Pretzel Bites, Water	Townhouse Crackers, American Cheese Slice, Water	Ice Cream Cup, WG Graham Cracker, Diced Peaches
	27	28	29	30	31
Breakfast	WG Waffle, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	Chef's Choice Day	WG Cereal, 1% Milk - Whole Milk
Lunch	WG Cheese Ravioli, Sweet Peas, 1% Milk, Whole Milk	Chicken Taco, Pineapple Tidbit, 1% Milk, Whole Milk	WG Chicken Patty, Diced Carrots, 1% Milk, Whole Milk	Chef's Choice Day	WG Waffle, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	Veggie Straw Water - Strawberry/Apple Puffs,	Animal Crackers, Water	Chef's Choice Day	Frozen Fruit Push Up Pop, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.