

AUGUST MENU

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = 2 Yr Old Substitution



		Meatless MONDAY		Taco TUESDAY		Chicken WEDNESDAY		Sammy THURSDAY		Fun FRIDAY	
AM Snack	Chef's Choice Day	3	WG Mini Bagel, Cream Cheese, 1% Milk	4	WG Cereal Oatmeal Bar, 1% Milk	5	WG French Toast Sticks, 1% Milk	6	WG Blueberry Loaf, 1% Milk	7	
Lunch	Chef's Choice Day		Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Peas, Green Beans, 1% Milk		WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk		Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk		MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk		
PM Snack	Chef's Choice Day		Strawberry Yogurt, Water		Cucumber Slices, Hummus, Water - Diced Cucumber		Mozzarella String Cheese, Water - WG Graham Cracker		Frozen Fruit Push Pop, Water		
AM Snack	WG Waffle, 1% Milk	10	WG Cereal, 1% Milk	11	Yogurt, 1% Milk	12	WG Banana Loaf, 1% Milk	13	WG Cereal, 1% Milk	14	
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk		Chicken Taco, Diced Mango, Corn, 1% Milk		WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Peas, 1% Milk		Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk		Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk		
PM Snack	WG Vanilla Graham Bears, Water		Fresh Apple Slices, Water, Applesauce		Townhouse Crackers, American or Cheddar Cheese Slice, Water		Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices		Watermelon Smoothie Bowl, Water		
AM Snack	Chef's Choice Day	17	WG French Toast Sticks, 1% Milk	18	WG Cereal Oatmeal Bar, 1% Milk	19	Yogurt, 1% Milk	20	SCHOOL CLOSED	21	
Lunch	Chef's Choice Day		WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk		Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% Milk		Sloppy Joe Sammy (Vegan Griller), Mixed Veggies, Fruit Cocktail, 1% Milk		SCHOOL CLOSED		
PM Snack	Chef's Choice Day		WG Vanilla Graham Bears, Water		WG Rice Cake, Sunbutter, Water		Mozzarella String Cheese, Water - Diced Mandarin Oranges		SCHOOL CLOSED		
AM Snack	WG Apple Cinnamon Loaf, 1% Milk	24	WG Cereal, 1/2 Banana, 1% Milk	25	WG Oatmeal Cereal Bar, 1% Milk	26	WG French Toast Sticks, 1% Milk	27	WG Cereal, 1% Milk	28	
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches, 1% Milk		WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk		BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk		Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Peas, Corn, 1% Milk		Lunchable - WG Flatbread Turk/Cheese Stackers (Cheese), Mixed Veg. Pineapple, 1% Milk		
PM Snack	WG Champ Bites, Water		Fresh Apple Slices, Sunbutter, Water - Applesauce		WG Soft Pretzel Rod, Water - WG Vanilla Graham Bear		Townhouse Crackers, American Cheese Slice, Water		Ice Cream Cup		

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juic