



AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = 2 Yr Old Substitution

Meatless MONDAY		Taco TUESDAY		Chicken WEDNESDAY		Sammy THURSDAY		Fun FRIDAY
	3	4	5	6	7			
AM Snack	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk	WG Cereal Oatmeal Bar, 1% Milk	WG French Toast Sticks, 1% Milk	WG Blueberry Loaf, 1% Milk			
Lunch	Chef's Choice Day	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk	MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk			
PM Snack	Chef's Choice Day	Strawberry Yogurt, Water	Cucumber Slices, Hummus, Water - Diced Cucumber	Mozzarella String Cheese, Water - WG Graham Cracker	Frozen Fruit Push Pop, Water			
	10	11	12	13	14			
AM Snack	WG Waffle, 1% Milk	WG Cereal, 1% Milk	Yogurt, 1% Milk,	WG Banana Loaf 1% Milk	WG Cereal, 1% Milk			
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk	Chicken Taco , Diced Mango, Corn, 1% Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk	Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk			
PM Snack	WG Vanilla Graham Bears, Water	Fresh Apple Slices, Water, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	Watermelon Smoothie Bowl, Water			
	17	18	19	20	21			
AM Snack	Chef's Choice Day	WG French Toast Sticks, 1% Milk	WG Cereal Oatmeal Bar, 1% Milk	Yogurt, 1% Milk	SCHOOL CLOSED			
Lunch	Chef's Choice Day	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk	Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% Milk	Sloppy Joe Sammy (Vegan Griller) , Mixed Veggies, Fruit Cocktail, 1% Milk	SCHOOL CLOSED			
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears, Water	WG Rice Cake, Sunbutter, Water	Mozzarella String Cheese, Water Diced Mandarin Oranges	SCHOOL CLOSED			
	24	25	26	27	28			
AM Snack	WG Apple Cinnamon Loaf, 1% Milk	WG Cereal, 1/2 Banana, 1% Milk	WG Oatmeal Cereal Bar, 1% Milk	WG French Toast Sticks, 1% Milk	WG Cereal, 1% Milk			
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk	BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk	Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk	Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, Pineapple, 1% Milk			
PM Snack	WG Champ Bites, Water	Fresh Apple Slices, Sunbutter, Water - Applesauce	WG Soft Pretzel Rod, Water - WG Vanilla Graham Bear	Townhouse Crackers, American Cheese Slice, Water	Ice Cream Cup			

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juice