



AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

Meatless MONDAY		Taco TUESDAY		Chicken WEDNESDAY		Sammy THURSDAY		Fun FRIDAY
3		4		5		6		7
Breakfast	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk		WG Cereal Oatmeal Bar, Applesauce, 1% Milk - Whole Milk		WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk		WG Blueberry Loaf, Diced Pears, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk - Whole Milk		WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk		Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk		MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	Graham Crackers, Strawberry Yogurt, Water - Banana Snack Puffs		Cucumber Slices, Hummus, Water - Diced Cucumber		Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce		WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs
10		11		12		13		14
Breakfast	WG Waffle, Mixed Berries, 1% Milk - Whole Milk	WG Cereal, Strawberry Slices, 1% Milk - Whole Milk		Diced Mangoes, Yogurt, 1% Milk, Whole Milk		WG Banana Loaf, Blueberries, 1% Milk - Whole Milk		WG Cereal, 1/2 Banana, 1% Milk - Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Chicken Taco, Diced Mango, Corn, 1% Milk, Whole Milk		WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk		Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk		Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Mandarin Oranges, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce		Townhouse Crackers, American or Cheddar Cheese Slice, Water		Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices		Graham Crackers, Strawberry Yogurt, Water - Banana Snack Puffs
17		18		19		20		21
Breakfast	Chef's Choice Day	WG French Toast Sticks, Berry Mix, 1% Milk, Whole Milk		WG Cereal Oatmeal Bar, 1% Milk - Whole Milk		Yogurt, Blueberries, 1% Milk, Whole Milk		SCHOOL CLOSED
Lunch	Chef's Choice Day	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk - Whole Milk		Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% milk - Whole Milk		Sloppy Joe Sammy (Vegan Griller), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk		SCHOOL CLOSED
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears, Mandarin Oranges, Water		WG Rice Cake, Sunbutter, Graham Cracker, Applesauce, Water		Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges		SCHOOL CLOSED
24		25		26		27		28
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk	WG Cereal, 1/2 Banana, 1% Milk - Whole Milk		WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk		WG French Toast Sticks, Berries, 1% Milk - Whole Milk		WG Cereal, 1/2 Banana, 1% Milk, Whole Milk
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches, 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk		BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk		Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk - Whole Milk		Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, Pineapple, 1% Milk - Whole Milk
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce		WG Soft Pretzel Rod, Applesauce, Water - Snack Puffs		Townhouse Crackers, American Cheese Slice, Water		WG Vanilla Graham Bears, Mandarin Oranges, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.