



AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

Meatless MONDAY		Taco TUESDAY		Chicken WEDNESDAY		Sammy THURSDAY		Fun FRIDAY
3		4		5		6		7
AM Snack	WG Blueberry Loaf, 1% Milk, Whole Milk	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk		1/2 Banana, 1% Milk - Whole Milk		WG French Toast Sticks, 1% Milk - Whole Milk		Chef's Choice Day
Lunch	MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk - Whole Milk		WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk		Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk		Chef's Choice Day
PM Snack	Animal Crackers, Mandarin Oranges	Churro Crackers, Water - Banana Snack Puffs		Cucumber Slices, Hummus, Water - Diced Cucumber		Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats		Chef's Choice Day
10		11		12		13		14
AM Snack	WG Waffle, 1% Milk - Whole Milk	1/2 Banana, 1% Milk - Whole Milk		Yogurt, 1% Milk, Whole Milk		WG Banana Loaf, 1% Milk - Whole Milk		Chef's Choice Day
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Chicken Taco, Diced Mango, Corn, 1% Milk, Whole Milk		WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk		Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk		Chef's Choice Day
PM Snack	Mandarin Oranges, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs,		Townhouse Crackers, American or Cheddar Cheese Slice, Water		Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices		Chef's Choice Day
17		18		19		20		21
AM Snack	Yogurt, 1% Milk, Whole Milk	WG French Toast Sticks, 1% Milk, Whole Milk		WG Sunrise Maple Bites, 1% Milk - Whole Milk, WG Cereal		Chef's Choice Day		SCHOOL CLOSED
Lunch	Sloppy Joe Sammy (Vegan Griller), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk - Whole Milk		Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% milk - Whole Milk		Chef's Choice Day		SCHOOL CLOSED
PM Snack	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats	Mandarin Oranges, Water		WG Goldfish, Water		Chef's Choice Day		SCHOOL CLOSED
24		25		26		27		28
AM Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	1/2 Banana, 1% Milk - Whole Milk		WG Cereal, 1% Milk, Whole Milk		WG French Toast Sticks, 1% Milk - Whole Milk		Chef's Choice Day
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk		BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk		Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk - Whole Milk		Chef's Choice Day
PM Snack	WG Champ Bites, Water - Banana Snack Puffs	Fresh Apple Slices, Sunbutter, Water - Applesauce		Vanilla Wafers, Water - Snack Puffs		Townhouse Crackers, American Cheese Slice, Water		Chef's Choice Day

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.