



AUGUST MENU

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = 2 Yr Old Substitution



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
3		4		5		6		7
AM Snack	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk, Whole Milk		WG Cereal Oatmeal Bar, 1% Milk, Whole Milk		WG Cereal, 1% Milk, Whole Milk		WG Blueberry Loaf, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, 1% Milk, Whole Milk		WG Chicken Nuggets (WG Vegan Chicken Nuggets), Sweet Peas, 1% Milk, Whole Milk		Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk, Whole Milk		MYO Pizza, Diced Carrots, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	Strawberry Waffle Grahams, Water		WG Goldfish Water		WG Graham Cracker , Water		Frozen Fruit Push Pop, Water
10		11		12		13		14
AM Snack	WG Waffle, 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk		Yogurt, 1% Milk, Whole Milk		WG Banana Loaf 1% Milk, Whole Milk		WG Cereal, 1% Milk, Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, 1% Milk, Whole Milk	Chicken Taco , Peaches, 1% Milk, Whole Milk		WG Chicken Patty (Vegan Nuggets), Diced Carrots, 1% Milk, Whole Milk		Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, 1% Milk, Whole Milk		Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk, Whole Milk
PM Snack	WG Vanilla Graham Bears , Water	Fresh Apple Slices, Water, Applesauce		Townhouse Crackers, American or Cheddar Cheese Slice, Water		WG Animal Crackers, Water		Watermelon Smoothie Bowl, Water
17		18		19		20		21
AM Snack	Chef's Choice Day	WG French Toast Sticks, 1% Milk, Whole Milk		WG Cereal Oatmeal Bar, 1% Milk, Whole Milk		WG Cereal, 1% Milk, Whole Milk		SCHOOL CLOSED
Lunch	Chef's Choice Day	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, 1% Milk, Whole Milk		Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Diced Carrots, 1% Milk, Whole Milk		Sloppy Joe Sammy (Vegan Griller) , Fruit Cocktail, 1% Milk, Whole Milk		SCHOOL CLOSED
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears , Water		WG Goldfish , Water		Mozzarella String Cheese, Water Diced Mandarin Oranges		SCHOOL CLOSED
24		25		26		27		28
AM Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Cereal 1% Milk, Whole Milk		Banana, 1% Milk, Whole Milk		WG Oatmeal Bar 1% Milk, Whole Milk		WG Cereal, 1% Milk, Whole Milk
Lunch	Grilled Cheese on WG Bread, String Beans, 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Applesauce, 1% Milk, Whole Milk , Whole Milk		BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, 1% Milk, Whole Milk		Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, 1% Milk, Whole Milk		Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, 1% Milk, Whole Milk
PM Snack	WG Churro Crackers , Water	Veggie Straws, Water - Applesauce		WG Soft Pretzel Rod , Water - WG Vanilla Graham Bear		WG Graham Crackers , Water		Ice Cream Cup Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juice