JULY MENU

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29-Jun	30-Jun	1	2	3
Breakfast	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk	Banana, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	SCHOOL CLOSED
Lunch	Chef's Choice Day	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, 1% Milk - Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Sweet Peas, 1% Milk - Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk	SCHOOL CLOSED
PM Snack	Chef's Choice Day	Graham Crackers, Water	WG Goldfish Water	Wheat Thin Crackers, Water - Strawberry Apple Puffs	SCHOOL CLOSED
	6	7	8	9	10
Breakfast	WG Waffle, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Loaf, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, 1% Milk, Whole Milk	Chicken Taco , Applesauce, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, 1% Milk, Whole Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, 1% Milk, Whole Milk	WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	Strawberry Waffle Grahams, Water	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Animal Crackers, Water	Watermelon Smoothie Bowl, Water
	13	14	15	16	17
Breakfast	Chef's Choice Day	Banana, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	WG Cereal, 1% Milk, Whole Milk	WG Blueberry Loaf, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, 1% Milk - Whole Milk	Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Diced Carrots, 1% Milk - Whole Milk	Sloppy Joe Sammy (Vegan Griller) , Fruit Cocktail, 1% Milk - Whole Milk	MYO Pizza, Diced Carrots, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears, Water	WG Churro Crackers, Water Toddler Puffs	WG Oatmeal Cookies, Water	Frozen Fruit Push Pop, Water
	20	21	22	23	24
Breakfast	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Cereal, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1% Milk, Whole Milk	WG English Muffin, Jelly 1% Milk - Whole Milk	WG Cereal, 1% Milk, Whole Milk
Lunch	Grilled Cheese on WG Bread, Diced Peaches 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, 1% Milk, Whole Milk	BBQ Chicken on WG Slider(Vegan Nuggets), Applesauce, 1% Milk, Whole Milk	Chicken Patty Sammy (Vegan Griller)on WG Bread, Corn, 1% Milk - Whole Milk	Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Pineapple, 1% Milk - Whole Milk
PM Snack	WG Cheez-Its, Water	WG Goldfish, Water	WG Soft Pretzel Rod, Water - Soft Pretzel Bites	Townhouse Crackers, American Cheese Slice Water	Ice Cream Cup, Water
	27	28	29	30	31
Breakfast	WG Waffle, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	Chef's Choice Day	WG Cereal, , 1% Milk - Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, 1% Milk, Whole Milk	Chicken Taco , Pineapple Tidbits, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, 1% Milk, Whole Milk	Chef's Choice Day	WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	Veggie Straws - Strawberry/Apple Puffs, Water	Animal Crackers, Water	Chef's Choice Day	Frozen Fruit Push Up Pop, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) **Preschool Serving Size:** Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) **Canned fruit are in natural juices.**