



JULY MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

	Meatless MONDAY 29-Jun	Taco TUESDAY 30-Jun	Chicken WEDNESDAY 1	Sammy THURSDAY 2	Fun FRIDAY 3
AM Snack	WG Cereal, 1% Milk - Whole Milk	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	WG French Toast Sticks, 1% Milk - Whole Milk	SCHOOL CLOSED
Lunch	WG Grits (Cheesy Grits), Turkey Bacon, Fruit Cocktail, 1% Milk - Whole Milk	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk - Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk	SCHOOL CLOSED
PM Snack	CBA Chex Mix, Water	Strawberry Yogurt, Water	Cucumber Slices, Hummus, Water - Diced Cucumber	Mozzarella String Cheese, Water - WG Toasted Oats	SCHOOL CLOSED
AM Snack	WG Waffle, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Loaf 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Chicken Taco , Diced Mango, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	Fresh Apple Slices, Water, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	Rice Cakes, Diced Peaches, Water
AM Snack	Chef's Choice Day	WG French Toast Sticks, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Blueberry Loaf, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk - Whole Milk	Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% milk - Whole Milk	Stippy Joe Sammy (Vegan Griller) , Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears, Water	WG Rice Cake, Sunbutter, Graham Cracker, Water	Mozzarella String Cheese, Water Diced Mandarin Oranges	Magic Wands Snackivity, Water
AM Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Cereal, 1/2 Banana, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1% Milk, Whole Milk	WG French Toast Sticks, 1% Milk - Whole Milk	WG Cereal, 1% Milk, Whole Milk
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk	BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk - Whole Milk	Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, Pineapple, 1% Milk - Whole Milk
PM Snack	WG Champ Bites, Water - Banana Snack Puffs	Fresh Apple Slices, Sunbutter, Water - Applesauce	WG Soft Pretzel Rod, Water - Snack Puffs	Townhouse Crackers, American Cheese Slice, Water	Under the Sea Cookies Snackivity, Water
AM Snack	WG Waffle, Mixed Berries 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	Chef's Choice Day	WG Cereal, 1% Milk - Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Chicken Taco , Diced Mango, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	Chef's Choice Day	Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	Fresh Apple Slices, Water, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Chef's Choice Day	Colors of the Rainbow Snackivity Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.