



JULY MENU

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option



| | MONDAY 29-Jun | TUESDAY 30-Jun | WEDNESDAY 1 | THURSDAY 2 | FRIDAY 3 |
|-----------|------------------------------|------------------------------------|-----------------------------|--------------------------------|--------------------------|
| AM Snack | Chef's Choice Day | WG Mini Bagel, Cream Cheese, Milk | WG Cereal Oatmeal Bar, Milk | WG Cereal, Milk | SCHOOL CLOSED |
| PM Snack | Chef's Choice Day | Strawberry Yogurt | String Cheese | Goldfish, Water | SCHOOL CLOSED |
| AM Snack | Banana, Milk | WG Cereal, Milk | Yogurt, Milk | WG Blueberry Muffin Loaf, Milk | WG Cereal, Milk |
| PM Snack | WG Vanilla Graham Bears | Fresh Apple Slices | Veggie Straws | Cucumber, Tzatziki Dip | Watermelon Smoothie Bowl |
| AM Snack | Chef's Choice Day | English Muffins, Milk | WG Cereal, Milk | Yogurt, Milk | WG Banana Loaf, Milk |
| PM Snack | Chef's Choice Day | Goldfish | WG Rice Cake, Sunbutter | String Cheese | Frozen Fruit Push Pop |
| AM Snack | WG Apple Cinnamon Loaf, Milk | WG Cereal, Milk | WG Oatmeal Cereal Bar, Milk | Banana, Milk | Chef's Choice Day |
| PM Snack | WG Champ Bites | Fresh Apple Slices, Sunbutter | Pita & Hummus | Goldfish | Chef's Choice Day |
| Breakfast | WG Muffin, Milk | WG Cereal, Strawberry Slices, Milk | Yogurt, Milk | Chef's Choice Day | WG Cereal, Milk |
| PM Snack | Mandarin Oranges | Crackers & Cheese | Apple Sauce | Chef's Choice Day | Ice Cream Cup |

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.