



July Vegetarian Menu 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Cereal Bar & Milk	2 Cereal & Milk	3 School Closed
Lunch			Sun butter & Jelly, Diced Fruit & Milk	Veggie Burger, Chips & Milk	School Closed
PM Snack			Goldfish & Milk	Wheat Thin Crackers & Milk	School Closed
AM Snack	6 Waffles & Milk	7 Cereal & Milk	8 Yogurt & Milk	9 Banana Loaf & Milk	10 Cereal & Milk
Lunch	Alfredo Chicken & Broccoli Penne, Fruit & Milk	Taco Casserole (seasoned rice, beans & corn), Fruit & Milk	Grilled Cheese Sandwich, Seasoned Potatoes, Fruit & Milk	Pasta Marinara (light sauce), Mixed Veggies, Fruit & Milk	Veggie Nuggets, Mashed Potatoes, Fruit
PM Snack	Vanilla Graham Bears & Water	Strawberry Waffle Grahams & Water	Townhouse Crackers , Cheese & Water	Animal Cracker & Water	Watermelon Smoothie Bowl & Water
AM Snack	13 Bagels & Milk	14 Cereal & Milk	15 Oatmeal Bars & Milk	16 Cereal & Milk	17 Fruit Loaf & Milk
Lunch	Veggie Spring Rolls, Veggie Fried Rice (no egg or sesame),Fruit &Milk	Cheese Pizza, Tater Tots, Fruit & Milk	Sun butter & Jelly, Diced Fruit & Milk	Veggie Nuggets, Sweet Mashed Potatoes, Fruit & Milk	French Toast, Hashbrowns, Fruit & Milk
PM Snack	Goldfish & Water	Vanilla Graham Bears & Water	Churro Cracker & Water	Oatmeal Cookie & Water	Fruit Push Pop & Water
AM Snack	20 Apple Cinnamon Loaf & Milk	21 Cereal & Milk	22 Oatmeal Bars & Milk	23 English Muffin & Milk	24 Cereal & Milk
Lunch	Cheesy Broccoli & Rice Casserole, Fruit & Milk	Vegan Meatballs & Penne, Fruit & Milk	Cheese Quesadilla, Buttered Corn, Fruit & Milk	Edamame Potstickers, Garlic Green Beans, Fruit & Milk	Veggie Parm Nuggets, Mashed Potatoes, Fruit & Milk
PM Snack	Oatmeal Cookies & Milk	Goldfish & Milk	Pretzel Sticks & Milk	Crackers, Cheese & Water	Ice Cream Cup & Water
AM Snack	27 Waffles & Milk	28 Cereal & Milk	29 Yogurt & Milk	30 Cereal Bars & Milk	31 Cereal & Milk
Lunch	Buttered Noodles, Veggies, Fruit & Milk	Pasta Primavera (w/ veggies), Fruit & Milk	Grilled Cheese Sandwich, Diced Fruit & Milk	Breaded Zucchini, Mashed Potatoes, Fruit & Milk	Pancakes, Hashbrowns & Milk
PM Snack	Vanilla Graham Bears &Water	Veggie Straws & Water	Animal Crackers & Water	Oatmeal Cookie & Water	Frozen Push Pops & Water

Highlighted Yellow Contains Egg