

AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items

RED = Vegetarian Option

PURPLE = Infant/Toddler Alternative

Meatless MONDAY		Taco TUESDAY		Chicken WEDNESDAY		Sammy THURSDAY		Fun FRIDAY	
Breakfast	3	4	5	6	7	SCHOOL CLOSED		SCHOOL CLOSED	
Lunch	WG Cereal, Mixed Fruit, Milk	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk - Whole Milk	WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk		SCHOOL CLOSED		SCHOOL CLOSED	
PM Snack	Mac n Cheese Bites, Baked Beans, Mixed Veggies, Milk	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Peas, Green Beans, 1% Milk - Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk		SCHOOL CLOSED		SCHOOL CLOSED	
PM Snack	Berry Animal Crackers, Applesauce, Water	Graham Crackers, Strawberry Yogurt, Water - Banana Snack Puffs	Pretzel Bites, Hummus, Water - Diced Cucumber	Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce		SCHOOL CLOSED		SCHOOL CLOSED	
Breakfast	10	11	12	13	14				
Lunch	WG Waffle, Mixed Berries, 1% Milk - Whole Milk	WG Cereal, Strawberry Slices, 1% Milk - Whole Milk	Diced Mangoes, Yogurt, 1% Milk, Whole Milk	WG Banana Loaf, Blueberries, 1% Milk - Whole Milk	WG Cereal, 1/2 Banana, 1% Milk - Whole Milk				
PM Snack	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Chicken Taco, Diced Mango, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Peas, 1% Milk, Whole Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk - Whole Milk				
Breakfast	17	18	19	20	21				
Lunch	WG Vanilla Graham Bears, Mandarin Oranges, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	Watermelon Smoothie Bowl, WG Graham Crackers, Water				
PM Snack	Breakfast Bars, Fruit Salad	WG French Toast Sticks, Berry Mix, 1% Milk, Whole Milk	WG Waffles, Bananas, 1% Milk - Whole Milk	Yogurt, Blueberries, 1% Milk, Whole Milk	WG Blueberry Loaf, Diced Peas, 1% Milk, Whole Milk				
PM Snack	Meatless Sloppy J Sandwich, Potato Coins, Tropical Fruit, Milk	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk - Whole Milk	Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% milk - Whole Milk	Turkey with Cheese Sammy (Vegan Griller), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk				
Breakfast	24	25	26	27	28				
Lunch	WG Apple Cinnamon Muffin, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, 1/2 Banana, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk	WG French Toast Sticks, Berries, 1% Milk - Whole Milk	WG Cereal, 1/2 Banana, 1% Milk, Whole Milk				
PM Snack	Grilled Cheese on WG Bread, String Beans, Diced Peaches, 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk	BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Peas, Corn, 1% Milk - Whole Milk	Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, Pineapple, 1% Milk - Whole Milk				
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	WG Soft Pretzel Rod, Applesauce, Water - Snack Puffs	Townhouse Crackers, American Cheese Slice, Water	Ice Cream Cup, WG Graham Cracker, Water				

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in r