



AUGUST MENU

GREEN = Wheat, Whole-Grain, & Multi-Grain Items PURPLE = 2 Yr Old Substitution



	Meatless MONDAY	Taco TUESDAY	Chicken WEDNESDAY	Sammy THURSDAY	Fun FRIDAY
	3	4	5	6	7
AM Snack	WG Oatmeal Cereal Bar, Mandarin Oranges, Milk	WG Mini Bagel, Cream Cheese, Peaches, Milk	WG French Toast Sticks, Blueberries, Milk	WG Cereal, 1/2 Banana, Milk	SCHOOL CLOSED
Lunch	WG Macaroni and Cheese, Peas, Pineapple, Milk	Beef Tacos on WG Tortilla, Diced Pears, Green Beans, Milk	WG Chicken Nuggets, Dinner Roll, Tropical Fruit, Corn, Milk	Cheeseburger on WG Bun, Mixed Veggies, Peaches, Milk	SCHOOL CLOSED
PM Snack	WG Graham Crackers, Applesauce, Water	Yogurt, Vanilla Wafers, Water	Apple Bread, Fruit Cup, Water	String Cheese, Townhouse Crackers, Water	SCHOOL CLOSED
	10	11	12	13	14
AM Snack	WG Waffle, Baked Apples, Milk	WG Cereal, Strawberries, Milk	Yogurt, Peaches, Milk	WG Banana Muffin, Blueberries, Milk	WG Cereal, 1/2 Banana, Milk
Lunch	Kidney Beans and Brown Rice, Peas, Tropical Fruit, Milk	Chicken Taco on WG Tortilla, Diced Mango, Corn, Milk	WG Chicken Patty, Dinner Roll, Carrots, Pears, Milk	Sunbutter and Jelly on WG Bread, Pineapple Tidbits, Green Beans, Milk	Breakfast for Lunch - WG Pancake, Turkey Sausage Patty, Mandarin Oranges, Mixed Veggies, Milk
PM Snack	WG Cinnamon Graham Bears, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water <i>Ritz Crackers</i>	Townhouse Crackers, Cheese Slice, Water	Cucumber Spears, Ranch, Champ Bites, Water	Fresh Fruit Bowl, Yogurt, Water
	17	18	19	20	21
AM Snack	NutriGrain Bars, Baked Apples, Milk	WG Cereal, Strawberries, Milk	WG Waffle, Baked Apples, Milk	Yogurt, Blueberries, Milk	WG French Toast Sticks, Mango, Milk
Lunch	WG Macaroni and Cheese, Peas, Pineapple, Milk	WG Pancake "Taco" Turkey Sausage, Peas, Diced Peaches, Milk	Chicken Parm Pasta, Carrots, Pineapples, Milk	Sloppy Joe Sammy on WG Bun, Mixed Veggies, Tropical Fruit, Milk	WG Pizza, Green Beans, Pears, Milk
PM Snack	Nilla Wafers, Mandarin Cups, Water	WG Cinnamon Graham Bears, Tropical Fruit, Water	WG Rice Cake, Sunbutter, Water	String Cheese, Mandarin Oranges, Water	WG Graham Crackers, Applesauce, Water
	24	25	26	27	28
AM Snack	WG Cereal, 1/2 Banana, Milk	Apple Cinnamon Muffins, Strawberries, Milk	WG French Toast Sticks, Blueberries, Milk	WG Oatmeal Cereal Bar, Mandarin Oranges, Milk	WG Mini Bagel, Cream Cheese, Peaches, Milk
Lunch	Grilled Cheese on WG Bread, Carrots, Pears Milk	Beef Tacos on WG Tortilla, Broccoli, Applesauce, Milk	BBQ Chicken on WG Slider, Peas & Carrots, Tropical Fruit, Milk	Chicken Patty Sammy on WG Bread, Diced Pears, Corn, Milk	Lunchable - WG Flatbread Turk/Cheese Stacker, Mixed Veg, Pineapple, Milk
PM Snack	WG Champ Bites, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water <i>Ritz Crackers</i>	WG Soft Pretzel Rod, Applesauce, Water	Townhouse Crackers, Cheese Slice, Water	NillaWafers, Fruit Cup Water
Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are In natural juice					