



AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = 2 Yr Old Substitution

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
AM Snack	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk	WG Blueberry Loaf, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	Strawberry Waffle Grahams, Water	WG Goldfish Water	WG Graham Cracker , Water	Frozen Fruit Push Pop, Water
	10	11	12	13	14
AM Snack	WG Waffle, 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Loaf 1% Milk, Whole Milk	School Closed
PM Snack	WG Vanilla Graham Bears , Water	Fresh Apple Slices, Water, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Animal Crackers, Water	School Closed
	17	18	19	20	21
AM Snack	Chef's Choice Day	WG French Toast Sticks, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears , Water	WG Goldfish , Water	Mozzarella String Cheese, Water Diced Mandarin Oranges	Watermelon Smoothie Bowl, Water
	24	25	26	27	28
AM Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Cereal 1% Milk, Whole Milk	Banana, 1% Milk, Whole Milk	WG Oatmeal Bar 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk
PM Snack	WG Churro Crackers , Water	Veggie Straws, Water - Applesauce	WG Soft Pretzel Rod , Water - WG Vanilla Graham Bear	WG Graham Crackers , Water	Ice Cream Cup Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juice