



AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items

PURPLE = 2 yr old Substitution

RED = Vegetarian Option

	Meatless MONDAY	Taco TUESDAY	Chicken WEDNESDAY	Sammy THURSDAY	Fun FRIDAY
	3	4	5	6	7
Breakfast	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk	WG French Toast Sticks, 1/2 Banana, 1% Milk	WG Blueberry Loaf, Diced Pears, 1% Milk
Lunch	Chef's Choice Day	Turkey tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk	Chicken Patty on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk	MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk
PM Snack	Chef's Choice Day	Graham Crackers, Strawberry Yogurt, Water -	Sport Bites Water	Wheat Thin Crackers, Mozzarella String Cheese, Water	Frozen Fruit Push Pop Water
	10	11	12	13	14
Breakfast	WG Waffle, Mixed Berries, 1% Milk	WG Cereal, Strawberry Slices, 1% Milk	Diced Mangoes, Yogurt, 1% Milk	WG Banana Loaf, Blueberries, 1% Milk	WG Cereal, Banana, 1% Milk
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk	Chicken Taco , Diced Mango, Corn, 1% Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk	Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk
PM Snack	WG Vanilla Graham Bears, Water	Fresh Apple Slices, Sunbutter, Water	Lemon Crisp Bites, Water	Goldfish, Water	Watermelon Smoothie Bowl, Water
	17	18	19	20	21
Breakfast	Chef's Choice Day	WG French Toast Sticks, Berry Mix, 1% Milk	WG Cereal Oatmeal Bar, 1% Milk	Yogurt, Blueberries, 1% Milk	SCHOOL CLOSED
Lunch	Chef's Choice Day	"Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk	Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% Milk	Sloppy Joe Sammy (Vegan Griller) , Mixed Veggies, Fruit Cocktail, 1% Milk	SCHOOL CLOSED
PM Snack	Chef's Choice Day	Fruit and Yogurt ,Water	Sun Chips, Water	WG Soft Pretzel Rod , Cheese Sauce, Water	SCHOOL CLOSED
	24	25	26	27	28
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk	WG Cereal, Banana, 1% Milk	WG Oatmeal Cereal Bar, Orange, 1% Milk	WG French Toast Sticks, Berries 1% Milk	WG Cereal, Banana, 1% Milk
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk	BBQ Chicken on WG Slider(Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk	Chicken Patty Sammy (Vegan Griller)on WG Bread, Diced Pears, Corn, 1% Milk	Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, Pineapple, 1% Milk
PM Snack	WG Champ Bites, Cheese Stick, Water	Fresh Apple Slices, Sunbutter, Water	Oatmeal Cookies, Water	Townhouse Crackers, American Cheese Slice, Water	Ice Cream Cup,, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) **Preschool Serving Size:** Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) **Canned fruit are in natura**