Fairfax Food Service | **August 2026** | **Chesterbrook**

LK Lunch Menu - Top 9 Allergen Free

Monday, August 3, 2026	Tuesday, August 4, 2026	Wednesday, August 5, 2026	Thursday, August 6, 2026	Friday, August 7, 2026
Turkey Nacho Fiesta, 3oz **GF Corn Tortilla Chips, 2oz** **Mild Salsa, 1oz** Baby Carrots, 2oz Pineapple Tidbits, 2oz ***TODS & TWOS*** Plain WG Brown Rice, 2oz Sweet Tender Peas, 2oz Diced Peaches, 2oz	**Quinoa, Chickpea and Roasted Vegetable Salad, 4oz** Steamed Green Beans, 2oz Banana, 1/2ea	**NAE GF Chicken Tender Strips, 3ea** **Mashed Potatoes, 2oz** Ketchup, 1oz Sweet Tender Peas, 2oz Honeydew, 1sl	**Cookout Beef Burger, 1ea** **Chef's Line GF Bread, 1sl** **Ketchup, 1pkt** Spinach, 4oz Gala Apple, 3oz ***TODS & TWOS*** Steamed Green Beans, 2oz Applesauce, 2oz	**Vegan Black Bean Chili, 4oz** **Chef's Line GF Bread, 1sl** Sweet Yellow Corn, 2oz Diced Peaches, 2oz ***TODS & TWOS*** Carrot Coins, 2oz
Monday, August 10, 2026	**Tuesday, August 11, 2026**	**Wednesday, August 12, 2026**	**Thursday, August 13, 2026**	**Friday, August 14, 2026**
Fresh Plain Chicken, 3oz **Plain WG Brown Rice, 2oz** Ketchup, 1oz ***New!*** Maple Fire Roasted Sweet Potato, 2oz Fruit Cocktail, 2oz ***TODS & TWOS*** Diced Pears, 2oz	**Rotisserie Chicken Sandwich, 1/2ea** ****Boar's Head Rotisserie Chicken Breast, 1oz**** ****Chef's Line GF Bread, 1sl**** Mashed Potatoes, 2oz Red Delicious Apple, 3oz ***TODS & TWOS*** Applesauce, 2oz	NAE GF Chicken Tender Strips, 3ea Ketchup, 1oz Plain WG Brown Rice, 2oz Baby Carrots, 2oz Cantaloupe, 1sl ***TODS & TWOS*** Carrot Coins, 2oz	**GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz** **Chef's Line GF Bread, 1sl** Steamed Green Beans, 2oz Banana, 1/2ea	**TEACHER WORK DAY**
Monday, August 17, 2026	**Tuesday, August 18, 2026**	**Wednesday, August 19, 2026**	**Thursday, August 20, 2026**	**Friday, August 21, 2026**
NAE GF Chicken Tender Strips, 3ea **Plain WG Brown Rice, 2oz** Ketchup, 1oz Baby Carrots, 2oz Applesauce, 2oz ***TODS & TWOS*** Carrot Coins, 2oz	**NAE GF Chicken Tender Strips, 3ea** BBQ Sauce, 1oz Mashed Potatoes, 2oz Sweet Tender Peas, 2oz Banana, 1/2ea	Turkey Nacho Fiesta, 3oz GF Corn Tortilla Chips, 2oz Mild Salsa, 1oz Sweet Yellow Corn, 2oz Diced Pears, 2oz ***TODS & TWOS*** Plain WG Brown Rice, 2oz Peas, Carrots, Green Beans, 2oz	**Red Beans & Plain WG Brown Rice, 6oz** Steamed Green Beans, 2oz Golden Delicious Apple, 3oz ***TODS & TWOS*** Applesauce, 2oz	Jimmy Dean Chicken Sausage Patty, 1ea **Chef's Line GF Bread, 1sl** Diced Potatoes, 2oz Ketchup, 1oz Watermelon, 1sl ***TODS & TWOS*** Carrot Coins, 2oz
Monday, August 24, 2026	**Tuesday, August 25, 2026**	**Wednesday, August 26, 2026**	**Thursday, August 27, 2026**	**Friday, August 28, 2026**
GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz **Chef's Line GF Bread, 1sl** Carrot Coins, 2oz Fruit Cocktail, 2oz ***TODS & TWOS*** Diced Peaches, 2oz	**Cookout Beef Burger, 1ea** **Chef's Line GF Bread, 1sl** Ketchup, 1oz Sweet Yellow Corn, 2oz Red Delicious Apple, 3oz ***TODS & TWOS*** Steamed Green Beans, 2oz Applesauce, 2oz	**Fresh Plain Chicken, 3oz** **Plain WG Brown Rice, 2oz** **Ketchup, 1pkt** Steamed Green Beans, 2oz Banana, 1/2ea	**Brown Sugar Cinnamon Oatmeal, 2oz** Jimmy Dean Chicken Sausage Patty, 1ea Syrup, 1oz ***New!*** Maple Fire Roasted Sweet Potato, 2oz Orange Wedges, 4ea ***TODS & TWOS*** Mandarin Oranges, 2oz	**Roasted Turkey Breast Sandwich, 1/2ea** ****Turkey Breast, 1 1/2oz**** ****Chef's Line GF Bread, 1sl**** Baby Carrots, 2oz Diced Pears, 2oz ***TODS & TWOS*** Carrot Coins, 2oz
Monday, August 31, 2026	**Tuesday, September 1, 2026**	**Wednesday, September 2, 2026**	**Thursday, September 3, 2026**	**Friday, September 4, 2026**
Turkey Nacho Fiesta, 3oz **GF Corn Tortilla Chips, 2oz** **Mild Salsa, 1oz** Baby Carrots, 2oz Pineapple Tidbits, 2oz ***TODS & TWOS*** Plain WG Brown Rice, 2oz Sweet Tender Peas, 2oz Diced Peaches, 2oz				

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent.
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.

TOP 9 ALLERGENS:
(Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts)
****GF** = Gluten Free**

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

Nutrislice Link:
https://ffschildcarecenters.nutrislice.com/

FFS Website:
Daycare & School Lunches, Snacks in NOVA | Fairfax Food Service

Ounces are based off spoodle serving size, not weight.

Due to quality and demand, items may be subject to change.