



AUGUST MENU

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = 2 Yr. Old Substitution



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
3		4		5		6		7
AM Snack	Chef's Choice Day	WG Mini Bagel, Cream Cheese, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk		WG Blueberry Loaf, 1% Milk, Whole Milk		
Lunch	Chef's Choice Day	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, 1% Milk, Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Sweet Peas, 1% Milk, Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk, Whole Milk		MYO Pizza, Diced Carrots, 1% Milk, Whole Milk		
PM Snack	Chef's Choice Day	Strawberry Waffle Grahams, Water	WG Goldfish Water	WG Graham Cracker , Water		Frozen Fruit Push Pop, Water		
10		11		12		13		14
AM Snack	WG Waffle, 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Loaf 1% Milk, Whole Milk		WG Cereal, 1% Milk, Whole Milk		
Lunch	WG Veggie Eggroll, Sweet Peas, 1% Milk, Whole Milk	Chicken Taco, Peaches, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, 1% Milk, Whole Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, 1% Milk, Whole Milk		Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk, Whole Milk		
PM Snack	WG Vanilla Graham Bears , Water	Fresh Apple Slices, Water, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Animal Crackers, Water		Watermelon Smoothie Bowl, Water		
17		18		19		20		21
AM Snack	Chef's Choice Day	WG French Toast Sticks, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk		WG Cereal, 1% Milk, Whole Milk		
Lunch	Chef's Choice Day	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, 1% Milk, Whole Milk	Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Diced Carrots, 1% Milk, Whole Milk	Stoopy Joe Sammy (Vegan Griller), Fruit Cocktail, 1% Milk, Whole Milk		Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, 1% Milk, Whole Milk		
PM Snack	Chef's Choice Day	WG Vanilla Graham Bears , Water	WG Goldfish , Water	Mozzarella String Cheese, Water Diced Mandarin Oranges		Ice Cream Cup Water		
24		25		26		27		28
AM Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Cereal 1% Milk, Whole Milk	Banana, 1% Milk, Whole Milk	WG Oatmeal Bar 1% Milk, Whole Milk		WG Cereal 1% Milk, Whole Milk		
Lunch	Grilled Cheese on WG Bread, String Beans, 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Applesauce, 1% Milk, Whole Milk	BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, 1% Milk, Whole Milk	Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, 1% Milk, Whole Milk		WG Cereal 1% Milk, Whole Milk		
PM Snack	WG Churro Crackers , Water	Veggie Straws, Water - Applesauce	WG Soft Pretzel Rod , Water - WG Vanilla Graham Bear	WG Graham Crackers , Water		SCHOOL CLOSED		

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz)

Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz)

Canned fruit are in natural juice