



# CBA Menu - September 2026



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Beginner Alternative

| Meatless MONDAY |                                                                    | Taco TUESDAY                                                                              |  | Chicken WEDNESDAY                                                                        |  | Sammy THURSDAY                                                                              |  | Fun FRIDAY                                                                         |  |
|-----------------|--------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--|------------------------------------------------------------------------------------------|--|---------------------------------------------------------------------------------------------|--|------------------------------------------------------------------------------------|--|
| 31              |                                                                    | 1                                                                                         |  | 2                                                                                        |  | 3                                                                                           |  | 4                                                                                  |  |
| Breakfast       | Chef's Choice Day                                                  | WG Mini Bagel, Cream Cheese<br>1% Milk -                                                  |  | WG Cereal Oatmeal Bar, Applesauce,<br>1% Milk                                            |  | WG French Toast Sticks,<br>1/2 Banana, 1% Milk                                              |  | WG Blueberry Loaf, Diced Pears,<br>1% Milk                                         |  |
| Lunch           | Chef's Choice Day                                                  | Turkey Taco Bowl (Veggie Crumbles),<br>Brown Rice, Diced Pears, Corn, 1% Milk             |  | WG Chicken Nuggets (WG Vegan<br>Chicken Nuggets), Tropical Fruit,<br>Sweet Peas, 1% Milk |  | Cheeseburger on WG Bun (Vegetarian<br>Griller), Potato Coins, Diced Peaches,<br>1% Milk     |  | WG Pizza, Diced Carrots,<br>Fruit Mix, 1% Milk                                     |  |
| PM Snack        | Chef's Choice Day                                                  | Vanilla Wafers, Strawberry Yogurt,<br>Water                                               |  | Cucumber Slices, Hummus, Water -<br>Diced Cucumber                                       |  | Wheat Thin Crackers, Mozzarella String<br>Cheese, Water American Cheese Slice               |  | That's It Apple/Banana Fruit Bar,<br>Animal Crackers                               |  |
| 7               |                                                                    | 8                                                                                         |  | 9                                                                                        |  | 10                                                                                          |  | 11                                                                                 |  |
| Breakfast       |                                                                    | WG Spooner Cereal, Strawberry Slices,<br>1% Milk                                          |  | Diced Mangoes, Yogurt,<br>1% Milk                                                        |  | WG Banana Loaf, Blueberries,<br>1% Milk                                                     |  | WG Cereal, 1/2 Banana,<br>1% Milk                                                  |  |
| Lunch           | SCHOOL CLOSED<br>LABOR DAY!                                        | Chicken/Cheese/Ranch Snack Wrap<br>(Cheese) Diced Mango, Corn,<br>1% Milk                 |  | WG Chicken Patty (Vegan Nuggets),<br>Diced Carrots, Diced Pears, 1% Milk                 |  | WG Cheese Jumbo Ravioli, Sweet Peas,<br>Tropical Fruit, 1% Milk                             |  | Meatloaf (Vegan Crumbles),<br>Mandarin Oranges, Mashed<br>Potatoes, 1% Milk        |  |
| PM Snack        |                                                                    | Fresh Apple Slices, Sunbutter,<br>Water - Applesauce                                      |  | Townhouse Crackers, American or<br>Cheddar Cheese Slice, Water                           |  | Cucumber Slices, Tzatziki Dip, Water -<br>Diced Cucumber Slices                             |  | That's It Apple Crunchers, WG<br>Graham Crackers, Water                            |  |
| 14              |                                                                    | 15                                                                                        |  | 16                                                                                       |  | 17                                                                                          |  | 18                                                                                 |  |
| Breakfast       | WG Apple Cinnamon Loaf,<br>Tropical Fruit, 1% Milk                 | WG Waffle, Berry Mix,<br>1% Milk                                                          |  | WG Cereal<br>1% Milk                                                                     |  | Yogurt, WG Vanilla Graham Bears,<br>1% Milk                                                 |  | Chef's Choice Day                                                                  |  |
| Lunch           | Mac N Cheese with WG Elbows,<br>Broccoli, Diced Peaches<br>1% Milk | Chicken Fajitas (Vegan Crumbles) on WG<br>Tortilla, Potato Coins, Diced Pears,<br>1% Milk |  | WG Chicken Drummies, (Vegan<br>Nuggets), Applesauce,<br>Diced Carrots, 1% Milk           |  | Sloppy Joe Sammy, (Vegan Griller) Mixed<br>Veggies, Fruit Cocktail,<br>1% Milk - Whole Milk |  | Chef's Choice Day                                                                  |  |
| PM Snack        | WG Pizza Crackers<br>Mandarin Oranges, Water -                     | Cucumber Slices w/Tzatziki Dip,<br>Water, Diced Cucumbers                                 |  | WG Rice Cake, Sunbutter,<br>Water                                                        |  | Fresh Apple Slices, Mozzarella String<br>Cheese, Water - American Cheese Slice              |  | Chef's Choice Day                                                                  |  |
| 21              |                                                                    | 22                                                                                        |  | 23                                                                                       |  | 24                                                                                          |  | 25                                                                                 |  |
| Breakfast       | Cinnamon Raisin Toast,<br>Tropical Fruit, 1% Milk                  | WG Cereal, 1/2 Banana,<br>1% Milk                                                         |  | WG Oatmeal Cereal Bar,<br>1/2 Orange, 1% Milk                                            |  | WG Waffle, Berry Mix,<br>1% Milk                                                            |  | WG Scooters Cereal, 1/2 Banana,<br>1% Milk                                         |  |
| Lunch           | Grilled Cheese on WG Bread, String<br>Beans, Diced Peaches 1% Milk | Chicken Teriyaki Wrap (Vegan Crumbles),<br>Broccoli, Mandarin Oranges,<br>1% Milk         |  | Chicken (Vegan Nuggets) Mashed Potato<br>Bowl, Gravy, Tropical Fruit,<br>1% Milk         |  | Sunbutter & Jelly Sammy on WG Bread,<br>Applesauce, Corn, 1% Milk                           |  | Philly Cheesesteak (Vegan<br>Griller) WG Roll, Potato Coins,<br>Pineapples 1% Milk |  |
| PM Snack        | WG All Sport Bites, Mandarin<br>Oranges, Water                     | That's It Apple/Banana Fruit Bar, Water                                                   |  | WG Soft Pretzel Rod, Applesauce, Water<br>- Diced WG Soft Pretzel Rod                    |  | Townhouse Crackers,<br>American Cheese Slice, Water                                         |  | WG Vanilla Bear Graham, Pears<br>Water                                             |  |

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.