



# CBA Menu - September 2026



GREEN = Wheat, Whole-Grain, & Multi-Grain Items PURPLE = Infant/Toddler Alternative

|           | Meatless MONDAY                                              | Taco TUESDAY                                                       | Chicken WEDNESDAY                                                        | Sammy THURSDAY                                              | Fun FRIDAY                                                       |
|-----------|--------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------|------------------------------------------------------------------|
|           | 31                                                           | 1                                                                  | 2                                                                        | 3                                                           | 4                                                                |
| Breakfast | Pancakes, Blueberries, Milk                                  | WG Mini Bagel, Cream Cheese, Diced Peaches, Milk                   | WG French Toast Sticks, 1/2 Banana, Milk                                 | WG Cereal Oatmeal Bar, Applesauce, Milk                     | WG Blueberry Muffin, Diced Pears, Milk                           |
| Lunch     | Kidney Beans and Rice, Green Beans, Mandarin Oranges, Milk   | Beef Taco Bowl, Spanish Rice, Diced Pears, Corn, Milk              | WG Chicken Nuggets, Dinner Roll, Tropical Fruit, Sweet Peas, Milk        | Cheeseburger on WG Bun, Potato Coins, Diced Mango, Milk     | WG Pizza, Diced Carrots, Tropical Fruit, Milk                    |
| PM Snack  | Mixed Berry Animal Crackers, Fruit Cup, Water                | Vanilla Wafers, Yogurt, Water                                      | Cucumber Spears, Townhouse Crackers, Ranch, Water                        | Wheat Thin Crackers, String Cheese, Water                   | WG Cinnamon Bear Grahams, Mandarin Oranges, Water                |
|           | 7                                                            | 8                                                                  | 9                                                                        | 10                                                          | 11                                                               |
| Breakfast |                                                              | Yogurt, Diced Peaches, Milk                                        | WG Biscuit, Sausage Patty, Milk                                          | WG Banana Muffin, Blueberries, Milk                         | WG Cereal, 1/2 Banana, Milk                                      |
| Lunch     | SCHOOL CLOSED<br>LABOR DAY!                                  | Chicken/Cheese/Ranch Snack Wrap, Diced Mango, Corn, Milk           | WG Chicken Patty, Dinner Roll, Diced Carrots, Diced Pears, Milk          | WG Cheese Jumbo Ravioli, Sweet Peas, Tropical Fruit, Milk   | Meatloaf, Dinner Roll, Mandarin Oranges, Mashed Potatoes, Milk   |
| PM Snack  |                                                              | Fresh Apple Slices, Sunbutter, Water<br>Ritz Crackers              | Ritz Crackers, Cheese Slice, Water                                       | Cucumber Spears, Ranch, Townhouse Crackers, Water           | Mixed Berry Animal Crackers, Fruit Cup, Water                    |
|           | 14                                                           | 15                                                                 | 16                                                                       | 17                                                          | 18                                                               |
| Breakfast | WG Oatmeal Cereal Bar, 1/2 Orange, Milk                      | WG Cereal, Strawberries, Milk                                      | WG Waffle, Berry Mix, Milk                                               | WG Apple Cinnamon Muffin, 1/2 Banana, Milk                  | WG Cheese Toast, Tropical Fruit, Milk                            |
| Lunch     | Mac N Cheese with WG Elbows, Broccoli, Diced Peaches, Milk   | Chicken Fajitas on WG Tortilla, Potato Coins, Diced Pears, Milk    | Chicken Alfredo with WG Rotini Noodles, Applesauce, Diced Carrots, Milk  | Sloppy Joe Sammy, Mixed Veggies, Tropical Fruit, Milk       | Beef Mac and Cheese with WG Elbows, Green Beans, Pineapple, Milk |
| PM Snack  | WG Pizza Crackers, Mandarin Oranges, Water                   | Cucumber Spears, Townhouse Crackers, Ranch, Water                  | Goldfish, Craisins, Water<br>Cheese Crackers and Fruit Cup               | Fresh Apple Slices, String Cheese, Water<br>Applesauce      | Bite Size Churros, Fruit Cup, Water                              |
|           | 21                                                           | 22                                                                 | 23                                                                       | 24                                                          | 25                                                               |
| Breakfast | Cinnamon Raisin Toast, Tropical Fruit, Milk                  | WG Cereal, 1/2 Banana, Milk                                        | Yogurt, Blueberries, Milk                                                | WG Oatmeal Cereal Bar, 1/2 Orange, Milk                     | WG Waffle, Berry Mix, Milk                                       |
| Lunch     | Grilled Cheese on WG Bread, Green Beans, Diced Peaches, Milk | Chicken Teriyaki over Brown Rice, Broccoli, Mandarin Oranges, Milk | Chicken and Mashed Potato Bowl, Gravy, Dinner Roll, Tropical Fruit, Milk | Sunbutter & Jelly Sammy on WG Bread, Applesauce, Corn, Milk | WG Spaghetti with Meat Sauce, Peas, Pears, Milk                  |
| PM Snack  | WG Champ Bites, Mandarin Oranges, Water                      | Apple Bread, Berry Mix, Milk                                       | WG Soft Pretzel Rod, Applesauce, Water                                   | Townhouse Crackers, Cheese Slice, Water                     | WG Pizza Crackers, Mandarin Oranges, Water                       |

Infant/Toddler Serving Key Size: Whole Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz)

Preschool Serving Size: 1% Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz)

Canned fruit are in natural juices.