



OCTOBER MENU- 2026

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative



	MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 1	FRIDAY 2
AM Snack	WG Mini Bagel, Grape Jelly 1% Milk - Whole Milk	Chef's Choice Day	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	WG Sunrise Bites, 1% Milk - Whole Milk	WG Blueberry Loaves, 1% Milk, Whole Milk
Lunch	Turkey Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Mixed Vegetables, 1% Milk - Whole Milk		WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Corn, 1% Milk - Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Green Beans, Diced Peaches, 1% Milk - Whole Milk	WG Pizza, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	Animal Crackers, Water		Wheat Thin Crackers, Water - WG Townhouse Crackers	WG Club Crackers, Water	That's It Apple/Banana Fruit Bar
AM Snack	Banana Muffins 1% Milk - Whole Milk	WG Spooner Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	Apple Cinnamon Loaves, 1% Milk - Whole Milk	WG Sunrise Bites 1% Milk - Whole Milk
Lunch	Sunbutter & Jelly Sammy on WG Bread, Applesauce, Peas & Carrots, 1% Milk - Whole Milk	Chicken/Cheese/Ranch Snack Wrap (Cheese) Pineapples, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	WG Cheese Jumbo Ravioli, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Meatloaf (Vegetarian Griller), Mandarin Oranges, Green Beans, 1% Milk - Whole Milk
PM Snack	Townhouse Crackers, Water	Fresh Apple Slices, Water - Strawberry/Apple Puffs	WG Rice Cake, Graham Cracker, Water	Goldfish Crackers, Water	That's It Apple Crunchers, WG Graham Crackers
Breakfast	Honey Graham Crackers. 1% Milk, Whole Milk	Chef's Choice Day	WG Cereal Bars 1% Milk - Whole Milk	WG Rice Crisp Cereal, 1% Milk, Whole Milk	WG Waffle Crackers, 1% Milk, Whole Milk
Lunch	Mac N Cheese with WG Elbows, Green Beans, Diced Peaches 1% Milk, Whole Milk		WG Chicken Drumsticks, (Vegan Nuggets), Applesauce, Diced Carrots, 1% milk - Whole Milk	Sloppy Joe Sammy, (Vegan Griller) Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Chicken Fajitas (Vegan Crumbles) on WG Tortilla, Peas, Diced Pineapples, 1% Milk - Whole Milk
PM Snack	WG Pizza Crackers, Water - Banana Snack Puffs		Sport Bites, Water	String Cheese, Water	Bear Crackers, Water
AM Snack	Cinnamon Raisin Bread, 1% Milk, Whole Milk	WG Cereal, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1% Milk, Whole Milk	Sunrise Maple Bites 1% Milk - Whole Milk	WG Cereal 1% Milk, Whole Milk
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk, Whole Milk	Chicken Teriyaki Wrap (Vegan Crumbles), Carrots, Mandarin Oranges, 1% Milk, Whole Milk	Roasted Chicken (Vegan Nuggets), Brown Rice, Peas, Tropical Fruit, 1% Milk, Whole Milk	Sunbutter & Jelly Sammy on WG Bread, Applesauce, Corn, 1% Milk - Whole Milk	Philly Cheesesteak (Vegan Griller) WG Roll, Potato Coins, Pineapples 1% Milk - Whole Milk
PM Snack	WG All Sport Bites, Water - Banana Snack Puffs	That's It Apple/Banana Fruit Bar, Water	Graham Crackers, Water	Townhouse Crackers, Water	WG Vanilla Bear Graham, Water
AM Snack	WG Waffle Crackers	Chef's Choice Day	Cornbread Loaves 1% Milk - Whole Milk	WG Cereal 1% Milk - Whole Milk	WG Apple Cinnamon Loaves, Tropical Fruit, 1% Milk, Whole Milk
Lunch	Chicken Fajitas (Vegan Crumbles) on WG Tortilla, Peas & Carrots, Diced Pears, 1% Milk - Whole Milk		Grilled Cheese on WG Bread, Mixed Vegetables, Diced Peaches 1% Milk, Whole Milk	WG Chicken Drumsticks, (Vegan Nuggets), Applesauce, Diced Carrots, 1% milk - Whole Milk	Mac N Cheese with WG Elbows, Green Beans, Diced Peaches 1% Milk, Whole Milk
PM Snack	Vanilla Wafers, Water		WG Rice Cake Graham Cracker, Water	Townhouse Crackers, Water	WG Pizza Crackers, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.