



September Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	31	1	2	3	4
AM Snack	Strawberry Waffle Grahams	Apple Cinnamon Straws	Apple Slices	Banana Loaf	Choice
Lunch	Pizza, Veggie, Fruit	Vegan Bean Chilli, Veggie, Fruit	Waffles, Egg and Cheese breakfast sammy, Veggie, Fruit	BBQ Chicken Sliders, Veggie, Fruit	Fish sticks, Veggie, Fruit
PM Snack	Animal Crackers	Cheez Its	Carrot Muffin	Wheat thins and Cheese	Nilla wafer
	7	8	9	10	11
AM Snack		Cereal and Milk	Yogurt and Granola	Banana Loaf	Chef's Choice
Lunch	NO SCHOOL	Pizza, Veggie, and Fruit	Chicken & Cheese wrap, Veggie, fruit	Chicken Parm Slider, Fruit, Veggie	Ravioli, Veggies, Fruit
PM Snack		Apple Slices and Sunbutter	Goldfish	Graham Crackers	Choice
	14	15	16	17	18
AM Snack	Cereal and Milk	Apple Cinnamon Loaf	French Toast Sticks	Cereal and Milk	Graham Crackers and Sun Butter
Lunch	Ham & Cheese, Crackers, Fruit, Carrot Sticks	Mac & Cheese, Broccoli, Fruit	Chicken Nuggets, Veggie, Fruit	Sloppy Joes Sammy, Veggie, Fruit	Chef's Choice
PM Snack	Apple Blueberry Crunchables	Churro Crackers	Veggie Straws	Close Early @ 4:45	Goldfish
	21	22	23	24	25
AM Snack	Bread and Jam	Cereal and Milk	Oatmeal bars	English Muffin and Apple Butter	Cereal and Milk
Lunch	Grilled Cheese, Fruit, Veggie	Chicken Teriyaki bowl, Rice, Veggies, Fruit	Nuggets, Mashed potatoes, corn, and fruit	Chili, Tatertots, Fruit, Veggie	Chef's Choice
PM Snack	Sport Bites	Nilla Wafers	Cheese Sticks and Crackers	Veggie Straws	Chef's Choice
	28	29	30	1	2
AM Snack	Strawberry Waffle Grahams	Apple Cinnamon Straws	Mini Bagel and Cream Cheese	Apples and Sunbutter	Chef's Choice
Lunch	Sunbutter and Jelly Sammy, fruit, Veggie	Chicken Drummies, Fruit, Veggies	Pancake, Vegan Sausage patty, Cheese Sammy, Fruit	Cheeseburger, Veggie, Fruit	Turkey and Cheese Sammy, Veggie, Fruit
PM Snack	Vanilla Bear Grahams	Goldfish	Apple Blueberry Crunchables	Sport Bites	Veggie Straws