



Menu

October
2026

	MON	TUE	WED	THU	FRI
				1-Oct	2-Oct
Snack				WG Cereal, Milk	Yogurt, Fruit, Water
Lunch				WG Waffle, Turkey Sausage, Fruit, Veggie, Milk	Sunbutter & Jelly, Fruit, Veggie, Milk
Snack				WG Educational Crackers, Water	Veggie Straws, Water
	5-Oct	6-Oct	7-Oct	8-Oct	9-Oct
Snack	WG Oatmeal Bar, Water	Townhouse Crackers & Sunbutter, Water	WG Lemon Blueberry Bites, Water	WG Waffle Grahams, Water	WG Cereal, Milk
Lunch	Chicken Tacos (Cheese Quesadilla), Fruit, Veggie, Milk	WG French Toast, Fruit, Veggies, Milk	Spaghetti in Alfredo Sauce, Fruit, Salad, Milk	WG Pizza, Fruit, Veggie, Milk	Cheese Quesadilla, Fruit, Veggie, Milk
Snack	Churro Crackers, Water	WG Animal Crackers, Water	Bug Bites, Water	Vanilla Wafers, Water	Apples & Sunbutter, Water
	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
Snack	WG Lemon Blueberry Bites, Water	Yogurt, Fruit, Water	WG Muffin, Water	WG Oatmeal Bar, Water	WG Bagel & Cream Cheese, Water
Lunch	Chicken Parm (Pasta in Marinara Sauce), Fruit, Veggie, Milk	WG Pancakes, Turkey Sausage, Fruit, Veggie, Milk	Baked Ziti, Fruit, Salad, Milk	Pizza Muffin, Fruit, Veggie, Milk	WG Grilled Cheese Sandwich, Tomato Soup, Fruit, Milk
Snack	WG Educational Crackers, Water	WG Goldfish, Water	Graham Crackers, Water	Bug Bites, Water	Veggie Straws
	19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
Snack	WG Cereal, Milk	Townhouse Crackers & Sunbutter, Water	WG English Muffin, Water	WG Waffle Grahams, Water	WG Lemon Blueberry Bites, Water
Lunch	BBQ Chicken, Rice, (Vegetable Fried Rice), Fruit, Veggie, Milk	WG Waffle, Turkey Sausage, Fruit, Veggie, Milk	Mac & Cheese, Fruit, Salad, Milk	WG Pizza, Fruit, Veggie, Milk	Sunbutter & Jelly, Fruit, Veggie, Milk
Snack	WG Goldfish, Water	WG Animal Crackers, Water	Bug Bites, Water	Vanilla Wafers, Water	Apples & Sunbutter, Water
	26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
Snack	Bagel & Cream Cheese, Water	Yogurt, Fruit, Water	WG Oatmeal Bar, Water	Maple Bites, Water	WG Muffin, Water
Lunch	WG Chicken Nuggets (Grilled Cheese), Fruit, Veggie, Milk	WG French Toast, Fruit, Sweet Potato Fries, Milk	Spaghetti in Marinara Sauce, Fruit, Salad, Milk	Pizza Muffin, Fruit, Veggie, Milk	Cheese Quesadilla, Fruit, Veggie, Milk
Snack	Graham Crackers, Water	WG Goldfish, Water	Apples & Sunbutter, Water	WG Educational Crackers, Water	Veggie Straws, Water

WG- Whole Grain

Red- Vegetarian Option

Preschool Serving Size Key: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2oz)