



Please CIRCLE the menu options you would like to order:

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Crispy Chicken Nuggets with Basmati Rice & Black Beans Garden Broccoli Fresh Seasonal Fruit	2 Cheeseburger (with hidden Broccoli & Quinoa) with Cauliflower-Potato Tots Crisp Garden Salad with Ranch Dressing Fresh Seasonal Fruit	3 Homestyle Meatballs with Creamy Butternut Mac and Cheese Garden Peas Fresh Seasonal Fruit	4 PIZZA	5
6	7 CLOSED FOR LABOR DAY	8 Homestyle Meatloaf (with hidden Carrots) with Creamy Mashed Potatoes Soft Roll Seasonal Fresh Fruit	9 Herb Roasted Chicken with Vegetable Fried Rice & Garden Green Peas Seasonal Fresh Fruit	10 Homestyle Meatballs with Whole Grain Pasta Homestyle Marinara Sauce Crisp Garden Salad & Ranch Dressing Seasonal Fresh Fruit	11 PIZZA	12
13	14 Herb Roasted Chicken with Creamy Alfredo Pasta & Garden Green Peas Unsweetened Applesauce	15 Fish Sticks with Creamy Mashed Potatoes Corn on the cob Soft Roll Seasonal Fresh Fruit	16 Tender Steak Bites with Basmati Rice & Potato Sticks Seasonal Fresh Fruit	17 Chicken Quesadilla with Cauliflower-Potato Tots & Steamed Green Beans Seasonal Fresh Fruit	18 PIZZA	19
20	21 Chicken Fricassee with Creamy Mashed Potatoes Whole Grain Bread & Butter Unsweetened Applesauce	22 Chicken Tetrazzini Pasta (Alfredo Sauce with Peas and Mushrooms) Fresh Tomato Slices on the side Seasonal Fresh Fruit	23 Homestyle Picadillo with Whole Grain Brown Rice Seasonal Fresh Fruit	24 Beef Bolognese with Whole Grain Pasta Soft Dinner Roll & Cheese Garnish Seasonal Fresh Fruit	25 PIZZA	26
27	28 Brunch Mini Spinach Egg Bites with Herb-Roasted Breakfast Potatoes Fluffy Mini Pancakes & Maple-Style Syrup Unsweetened Applesauce	29 Crispy Chicken Nuggets with Basmati Rice Back Beans & Garden Broccoli Seasonal Fresh Fruit	30 Cheeseburger (Hidden Broccoli & Quinoa) with Cauliflower-Potato Tots Crisp Garden Salad & Ranch Dressing Seasonal Fresh Fruit			28
		\$7.80 X _____ = _____ \$6.00 X _____ = _____				