

October 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM				Cereal and Milk ¹	English Muffins ²
Lunch				Waffles, Fruit and Veggie	Pierogies, Fruit and Veggie
PM				Wheat Thins	Fruit Bar and Graham
AM	Mini Bagel & Cream Cheese ⁵	⁶	Pancakes ⁷	Lemon Berry Bites ⁸	Cereal and Milk ⁹
Lunch	Chicken Fajita, Fruit and Rice	Chef's Choice	Roasted Chicken Bites, Sweet Potato Fries, Fruit	Sunbutter and Jelly, Fruit, Veggie	Pizza Stix, Fruit, Veggie
PM	Apple Straws		Veggie Straws	Cheez-its	That's It
AM	Strawberry Grahams ¹²	¹³	Yogurt and Berries ¹⁴	Mini Bagels and Jelly ¹⁵	Oatmeal Bars ¹⁶
Lunch	Pasta with Sauce, Fruit and Veggie	Chef's Choice	Waffles, Fruit, Veggie	Chicken Tenders, Fruit and Mashed Potatoes	Pizza Crunchers, Fruit and Veggie
PM	Sports Bites		Goldfish	Cheese and Crackers	Lemon Berry Bites
AM	Pancakes ¹⁹	²⁰	Maple Bites ²¹	English Muffin w/ Jelly ²²	Cereal and Milk ²³
Lunch	Meatloaf, Fruit and Mashed Potatoes	Chef's Choice	Mac and Cheese, Fruit , Veggie	Chicken w/ Rice, Fruit and Veggie	Pizza, Fruit and Veggie
PM	Wheat Thins		Cucumbers and Ranch	Sports Bites	Crackers and Sunbutter
AM	Oatmeal Bars ²⁶	²⁷	Yogurt w/ Crunchies ²⁸	Cinnamon Raisin Bread ²⁹	Banana ³⁰
Lunch	Pasta Alfredo with Broccoli, and Fruit	Chef's Choice	BBQ Chicken, Fruit and Veggie	Egg, Sausage, Hasbrown, and Fruit	English Muffin Pizza, Fruit and Veggie
PM	Vanilla Wafers		Apples and Sunbutter	Goldfish	Veggie Straws