



September Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	31	1	2	3	4
Breakfast	WG Blueberry Loaf, 1% Milk, Whole Milk	Chef's Choice Day	Sunrise Bites, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Cinnamon Raisin Bread, 1% Milk - Whole Milk
Lunch	Turkey Taco Bowl (Vegan Nuggets), Brown Rice, Pineapples, Corn, 1% Milk - Whole Milk	Chef's Choice Day	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Sweet Peas, Diced Peaches, 1% Milk - Whole Milk	WG Pizza, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	Vanilla Wafers, Water	Chef's Choice Day	Sport Bites, Water	Wheat Thin Crackers - Graham Crackers, Water	Fruit Bars, Water
	7	8	9	10	11
Breakfast		WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Scooters Cereal, 1% Milk - Whole Milk	WG Apple Cinnamon Loaf, 1% Milk - Whole Milk
Lunch	SCHOOL CLOSED LABOR DAY!	Chicken/Cheese/Ranch Snack Wrap (Cheese) Pineapples, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	WG Cheese Jumbo Ravioli, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Meatloaf (Vegetarian Griller), Mandarin Oranges, Mixed Vegetables 1% Milk - Whole Milk
PM Snack		Goldfish Crackers, Water -	Townhouse Crackers, Water	Educational Crackers, Water	That's It Apple Crunchers, WG Graham Crackers
	14	15	16	17	18
Breakfast	WG Waffle Crackers, 1% Milk, Whole Milk	Chef's Choice Day	WG Cereal, 1% Milk - Whole Milk	Sunrise Bites, 1% Milk, Whole Milk	WG Banana Muffin, 1% Milk, Whole Milk
Lunch	WG Mac N Cheese, Green Beans, Mixed Fruit, 1% Milk, Whole Milk	Chef's Choice Day	WG Chicken Drummies, (Vegan Nuggets), Applesauce, Diced Carrots, 1% milk - Whole Milk	Sloppy Joe Sammy, (Vegan Griller) Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Chicken Fajitas (Vegan Nuggets) on WG Tortilla , Carrots, Pineapples, 1% Milk - Whole Milk
PM Snack	WG Pizza Crackers, Banana Snack Puffs, Water	Chef's Choice Day	WG Rice Cake, Water	WG Vanilla Graham Bears, Water	Cheez-Itz, Water
	21	22	23	24	25
Breakfast	WG Cereal, 1% Milk - Whole Milk	Cinnamon Raisin Bread, 1% Milk, Whole Milk	WG Oatmeal Cereal Bar, 1% Milk, Whole Milk	WG Waffle Crackers, 1% Milk - Whole Milk	WG Scooters Cereal, 1% Milk, Whole Milk
Lunch	WG Pizza, String Beans, Mixed Fruit, 1% Milk, Whole Milk	Chicken Teriyaki Wrap (Vegan Crumbles) , Sweet Corn, Mandarin Oranges, 1% Milk, Whole Milk	Sunbutter & Jelly Sammy on WG Bread , Applesauce, Corn, 1% Milk - Whole Milk	Roasted Chicken (Vegan Nuggets), Green Beans, Diced Peaches, 1% Milk, Whole Milk	Philly Cheesesteak (Vegan Griller) WG Roll , Peas & Carrots, Pineapples 1% Milk - Whole Milk
PM Snack	WG All Sport Bites, Water	That's It Apple/Banana Fruit Bar, Water	WG Pretzels, Water	Townhouse Crackers, Water	WG Bear Crackers, Graham Crackers, Water
Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.					