November Veggie Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
AM Snack	Yogurt & Milk	Bagels, Cream Cheese & Milk	Oatmeal Bar & Milk	Cereal & Milk	Fruit Loaf & Milk
Lunch	Vegan Meatballs w/ light sauce, Mashed Potatoes, Fruit & Milk	Mac & Cheese, Broccoli, Fruit & Milk	Sunbutter & Jelly Sandwich, Diced Fruit & Milk	Veggie Nuggets, Buttered Carrots, Fruit & Milk	French Toast, Hashbrown, Fruit & Milk
PM Snack	Goldfish & Milk	Graham Crackers & Milk	Animal Crackers & Milk	Wheat Thin Crackers, String Cheese & Milk	Apple Straws & Milk
	9	10	11	12	13
AM Snack	English Muffin w/ Jelly & Milk	Cereal & Milk	Closed	Fruit Loaf & Milk	Cereal & Milk
Lunch	Buttered Parmesan Noodles w/ Mixed Veggies, Fruit & Milk	Taco Rice Casserole, Buttered Corn, Fruit & Milk	Closed	Zucchini Sticks, Veggie Stuffing, Fruit & Milk	Pizza Sticks, Zucchini, Fruit & Milk
PM Snack	Townhouse Crackers, Cheese & Milk	Vanilla Wafers & Milk	Closed	Oatmeal Cookie & Milk	Graham Crackers & Milk
	16	17	18	19	20
AM Snack	Fruit Loaf & Milk	Cereal Bar & Milk	Cereal & Milk	Yogurt & Milk	Waffles & Milk
Lunch	Veggie Nuggets, Sweet Mashed Potatoes, Fruit & Milk	Mac & Marinara Sauce, Mixed Veggie, Fruit & Milk	Sunbutter & Jelly Sandwich, Diced Fruit & Milk	Eggplant Parm, Tots, Fruit & Milk	Pancakes, Hash Browns, Fruit & Milk
PM Snack	Strawberry Grahams & Milk	Vanilla Wafers & Milk	Vanilla Bear Grahams & Milk	Veggie Straws & Milk	Animal Crackers & Milk
	23	24	25	26	27
AM Snack	Cinnamon Raisin Toast & Milk	Cereal & Milk	Cereal Bars & Milk	Happy Thanksgiving!	School Closed
Lunch	Cheese, Broccoli & Rice Casserole, Fruit & Milk	Vegan Meatballs w/ light BBQ sauce, Veggie Rice, Fruit& Milk	Cheese Quesadilla, Buttered Corn, Fruit & Milk	Happy Thanksgiving!	School Closed
PM Snack	Vanilla Wafers & Milk	Oatmeal Cookies & Milk	School Closes @3	Happy Thanksgiving!	School Closed
	30				
AM Snack	Yogurt & Milk				
Lunch	Tomato Pie, Broccoli, Fruit & Milk				
PM Snack	Rice Cakes & Milk				

Highlighted Yellow Contains Egg

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