



**CHESTERBROOK
ACADEMY**
— OF VOORHEES —

OCTOBER

LUNCH MENU

LEARN • GROW • THRIVE



NOURISHING
MINDS,
FUELING
FUTURES!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Healthy meals
for happy, smart
learners!



5 Chicken Nuggets
Veggie
Fruit



AM: Cereal & milk
PM: Animal Crackers

6 Pasta w/ Marinara
Veggie
Fruit



AM: Oatmeal Bar
PM: Cheese-its

7 Pancakes
Veggie
Fruit



AM: Bagel w/ Jelly
PM: Waffle Grams

1 Cheeseburgers
Veggie
Fruit



AM: Fresh Fruit
PM: Veggie Straws

2 Cheese Pizza
Veggie
Fruit



AM: Oatmeal Bar
PM: Pretzels

12 Grilled Chicken Nuggets
Tater Tots & Fruit



AM: Cereal & milk
PM: Animal Crackers

13 Baked Ziti
Veggie
Fruit



AM: Oatmeal Bar
PM: Cheese-its

14 French Toast
Veggie
Fruit



AM: Bagel w/ Jelly
PM: Waffle Grams

15 Cheeseburgers
French Fries
Fruit



AM: Applesauce
PM: Veggie Straws

16 Cheese Pizza
Veggie
Fruit



AM: Oatmeal Bar
PM: Pretzels

19 Chicken Nuggets
Veggie
Fruit



AM: Cereal & milk
PM: Animal Crackers

20 Pasta w/ Meat Sauce
Veggie
Fruit



AM: Oatmeal Bar
PM: Cheese-its

21 Waffles
Veggie
Fruit



AM: Bagel w/ Jelly
PM: Waffle Grams

22 BBQ Burger
Sweet Potato Fries
Fruit



AM: Fresh Fruit
PM: Veggie Straws

23 Cheese Pizza
Veggie
Fruit



AM: Oatmeal Bar
PM: Pretzels

26 Grilled Chicken Nuggets
Tater Tots & Fruit



AM: Cereal & milk
PM: Animal Crackers

27 Pasta w/ Marinara
Veggie
Fruit



AM: Oatmeal Bar
PM: Cheese-its

28 Pancakes
Veggie
Fruit



AM: Bagel w/ Jelly
PM: Waffle Grams

29 Cheeseburgers
French Fries
Fruit



AM: Fresh Fruit
PM: Veggie Straws

30 Cheese Pizza
Veggie
Fruit



AM: Oatmeal Bar
PM: Pretzels

EAT WELL
LEARN WELL
GROW WELL!



Nutritious
Meals



Better
Focus



More
Energy



Stronger,
Healthier Kids

Thank you for helping us build
healthy habits for a bright future!

